

TRI-CLEANSE™ –A Balanced Approach to Internal Cleansing

Many of today's bulking agents and internal cleansers produce noticeable and seemingly beneficial effects. However, it is important to proceed with care when using such products. While most bulking fibers are beneficial for elimination, they can impair assimilation, or may include dependency forming laxative agents such as buckthorn, cascara, rhubarb or senna.

Planetary Herbals TRI-CLEANSE is different. It is formulated specifically to support digestive and eliminative functions without causing weakness or dependency. Some of the most highly respected bulking fibers, including psyllium, are combined with the legendary Triphala combination of Ayurvedic herbalism, and with the digestive-supporting warming carminatives fennel and ginger. The result is a comprehensive approach to internal cleansing.*

NOTICE TO NEW USERS: A SMALL PERCENTAGE OF INDIVIDUALS, SUCH AS NURSES AND OTHER HEALTH CARE PROVIDERS WHOSE OCCUPATIONS EXPOSE THEM TO PSYLLIUM DUST, MAY DEVELOP A SENSITIVITY TO PSYLLIUM. THIS SENSITIVITY MAY RESULT IN AN ALLERGIC REACTION.

Dear Friends,

In my clinic, I often recommend a course of purification therapy for clients seeking to regain their health. In the past, I used many bulking products, but I found that though they produced results, they were also weakening. During my travels in India, I became acquainted with a legendary herbal formula that is literally a household word throughout the continent. It was used for a wide range of conditions, but because of its tart and bitter nature, it was especially noted for the effects it had on digestion and cleansing.

The formula is Triphala. It is made from three fruits, and it is the most effective and non-habit-forming colon cleanser I have ever used. Furthermore, it is strengthening, rather than weakening! To create a comprehensive cleansing compound, I combined Triphala with various fibers and herbs. The result is TRI-CLEANSE.

It is my hope that TRI-CLEANSE will benefit you as well as it benefits my clients.

Sincerely,



Michael Tierra, L. Ac., O.M.D

M I C H A E L T I E R R A ' S

TRI-CLEANSE™

COMPLETE INTERNAL CLEANSER

HERBAL SUPPLEMENT
WITH TRIPHALA

BULKING HYDROPHILIC FIBER
FOR INTERNAL CLEANSING*

- Soluble and Insoluble Fibers
- With Triphala & Psyllium



PLANETARY HERBALS®

NET WT. 10 OZ / 283.5 GM

Supplement Facts

Serving Size 1 Teaspoon (2.4 g)
Servings Per Container 118

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary Fiber	1 g	4%*
Proprietary Blend:	2.4 g	†
Psyllium Husk, Triphala Compound (Fruits of Belleric Myrobalan, Amla & Chebulic Myrobalan), Fennel Seed, Guar Gum, Wild Yam Root Extract, Stevia Leaf, Ginger Root, and Natural Licorice Root Flavor.		

*Percent Daily Values (%DV) are based on a 2,000 calories diet.
†Daily Value not established.

Suggested Use: 1 to 2 times daily, briskly stir 1 level teaspoon of TRI-CLEANSE into an 8 ounce glass of non-acidic fruit juice (such as apple or papaya) or water. Drink immediately and follow with a glass of pure water. For optimal cleansing action, take on an empty stomach. To decrease the appetite, drink 30 minutes before meals.

STORE IN A COOL, DRY PLACE.

CAUTION: Take this product with a full 8 ounce glass of liquid. If you do not drink enough liquid the product may swell in the throat, causing blockage or choking. Avoid use if you have ever had throat or swallowing problems. Seek immediate medical help if pain, swelling or breathing difficulties occur. Do not use if you are pregnant, may become pregnant, or breastfeeding.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Packed by weight, not by volume. Settling may occur.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
© PLANETARY HERBALS, LLC
P.O. BOX 1760, SOQUEL, CA 95073
www.planetaryherbals.com

PF0104
REV D17-5 C



0 21078 10104 8