



Protein & Greens

Plus Fruits & Roots

- All-in-One Powder
- 25,000 ORAC
- Rich Creamy Taste



12 PACKETS
1.5oz (43g) EACH
NET WT 18oz (516g)

VANILLA CRÈME

Naturally Flavored & Sweetened

DIETARY SUPPLEMENT



C-2841-071N V02

DIRECTIONS (ADULTS): Mix one packet of VeganSmart™ Protein and Greens in 9 to 12 ounces of ice-cold water, juice or non-dairy beverage, shake well and enjoy. VeganSmart™ Protein and Greens is also a delicious, nutrient-supplementing addition to your favorite smoothie recipe - just blend and enjoy! Take one, or more servings daily for optimal health.*

CAUTION: If you are using this product for weight loss and have any health problems, or are taking any medications, or are under 18 years of age, or are following a diet recommended by a physician, consult a doctor before starting any diet program. Weight loss greater than 30 pounds, or more than 2 pounds per week in the first week, is unsafe and may cause health problems. Do not use this product as a sole source of nutrition. Always consume at least 1,200 calories per day for optimum health. Do not use this product if you are pregnant, or breastfeeding.

Supplement Facts

Serving Size: 1 Packet (43g)
Servings Per Container: 12

	Amount Per Serving	%DV		Amount Per Serving	%DV
Calories	170		Copper (copper gluconate)	1mg	50%
Calories from Fat	45		Manganese (manganese sulfate)	1mg	50%
Calories from Saturated Fat			Chromium (chromium chloride)	60mcg	50%
Total Fat	5g	8%*	Molybdenum (sodium molybdate)	37.5mcg	50%
Saturated Fat	1g	5%*	Sodium (sodium chloride and sodium citrate)	390mg	16%
Trans Fat	0g	†	Potassium (potassium citrate)	190mg	5%
Cholesterol	0mg	0%	Complete Protein Blend		
Total Carbohydrate	13g	4%*	Pea Protein Isolate, Chia Protein, Quinoa Protein, Potato Protein, Chickpea Protein	23g	†
Dietary Fiber	6g	24%*	Fiber and Omega Blend		
Soluble Fiber	5g	†	Inulin from Chicory, Flax Seed Powder, Psyllium Fiber, Bamboo Fiber, Apple Fruit Fiber, Borage Oil	6g	†
Insoluble Fiber	1g	†	Vegan Energy Blend		
Sugars	4g	†	Organic Cane Sugar, Sunflower Oil, Medium Chain Triglycerides, Organic Rice Syrup Solids	6g	†
Other Carbohydrate	2g	†	Greens Blend		
Protein	23g	40%*	Milcham Green Tea Leaf (Milled Camellia sinensis), Broccoli Flower and Stem, Spinach	1070mg	†
Vitamin A (vitamin A palmitate)	2500IU	50%	Leaf, Organic Spirulina, Parsley Leaf, Cabbage Leaf, Kelp Powder, Alfalfa Powder,		
Vitamin C (sodium ascorbate)	300mg	50%	Concentrated Alfalfa Mineral Complex, Jerusalem Artichoke Extract, Basil Leaf,		
Vitamin D2 (ergocalciferol)	600IU	150%	Organic Leaf, Kale Leaf, Brussels Sprout Leaf		
Vitamin K (phytylquinone)	40mcg	50%	Antioxidant Blend		
Thiamin (thiamin hydrochloride)	0.75mg	50%	Carrot Root, Raspberry Fruit, Apricot Fruit, Mango Fruit, Pineapple Fruit, Acai Fruit	675mg	†
Riboflavin	0.85mg	50%	Cranberry Fruit, Pomegranate Fruit, Strawberry Fruit, Mangosteen Fruit, Blueberry Fruit,		
Niacin (niacinamide)	10mg	50%	Beet Root, Green Tea Extract, Japanese Knotweed Root Extract, Chlorella Powder, Ginger		
Vitamin B6 (pyridoxine hydrochloride)	1mg	50%	Root, Ginger Root, Acai Bean, Gingko Root Extract, Gogi Fruit, Grape Skin Extract, Green		
Folate (folic acid)	200mcg	50%	Coffee Extract, Onion Bulb Extract, Apple Fruit Extract, Sour Cherry Fruit Extract, Camu		
Vitamin B12 (methylcobalamin)	9mcg	150%	Camu Fruit, Quercetin, Tomato Fruit, Turmeric Powder, Garlic Bulb, Cinnamon Bark,		
Biotin	150mcg	50%	Howthorn Berry Fruit, China Root Extract, Rose Hip, Elderberry Fruit, Blackcurrant Fruit,		
Pantothenic Acid (D-calcium pantothenate)	5mg	50%	Sweet Cherry Fruit, Chickpea Fruit, Blackberry Fruit, Bilberry Fruit Extract	300mg	†
Iron (ferrous fumarate)	9mg	50%	Digestive Enzyme Blend		
Iodine (potassium iodide)	75mcg	50%	Bromelain, Protease, Amylase, Lipase		
Zinc (zinc oxide)	7.5mg	50%	Prebiotics		
Selenium (sodium selenate)	35mcg	50%	Alto Vera Inner Leaf (Alto barbadensis)	150mg	†

Other Ingredients: Natural Flavors, Xanthan Gum, Organic Stevia.

Glycemic Index (GI) = 28 [Low]

MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY, WHEAT & EGGS.

Distributed by
Natureade

a division of Prevention, LLC, Irvine, CA 92614 1-800-421-1830

Made in USA from domestic and imported ingredients

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NO ACESULFAME K, NO ARTIFICIAL SWEETENERS, NO ARTIFICIAL FLAVORS, COLORS, OR PRESERVATIVES, NO MSG, NO SOY, GLUTEN FREE, NO EGGS, NO DAIRY, NO YEAST, NO NUTS.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**



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Each packet is sealed to keep the product fresh and safe. Do not use if packet is torn or broken. This product is sold by weight not by volume. Contents may settle during shipping and handling. Store in a cool, dry place.

