

SOURCE NATURALS®



SCREEN TIME STAMINA™

Body - Mind - Eye Performance*

Dietary Supplement | 120 Tablets

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary Fiber	1 g	4%*
Vitamin A (as <i>beta</i> -carotene 2,500 IU & palmitate 2,500 IU)	5,000 IU	100%
Vitamin D-3 (as cholecalciferol)	5,000 IU	1,250%
Sodium	10 mg	<1%
Rhodiola Root Extract	640 mg	†
Ashwagandha Root Extract	500 mg	†
Gotu Kola Aerial Parts Extract	400 mg	†
Asian Ginseng Root Extract	200 mg	†
Green Tea Leaf Extract (50% caffeine)	200 mg	†
N-Acetyl Cysteine	100 mg	†
L-Theanine	100 mg	†
Turmeric Rhizome Extract	80 mg	†
N-Acetyl L-Tyrosine	75 mg	†
DMAE (as bitartrate)	60 mg	†
Ginkgo Leaf Extract (24% flavone glycosides & 6% terpene lactones)	60 mg	†
Taurine	50 mg	†
Holy Basil Leaf Extract	50 mg	†
Schisandra Fruit	30 mg	†

Natural <i>trans</i> -Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	30 mg†	Lutein Zeaxanthin	6 mg† 1 mg†
Eleuthero Root Extract	20 mg†	Huperzine A	80 mcg†
Vinpocetine	15 mg†	(from <i>Huperzia serrata</i> leaf extract)	

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily value not established.

Other ingredients: microcrystalline cellulose, maltodextrin, hydroxypropyl cellulose, stearic acid, dibasic calcium phosphate, modified cellulose gum, magnesium stearate, and silica.

Contains soy.

Suggested use: 3 tablets daily with food.

Source Naturals **SCREEN TIME STAMINA™** brings together body, mind, and eye health ingredients that support physical endurance and mental focus to provide energy and stamina for a day filled with constant technology use. SCREEN TIME STAMINA contains well-studied ingredients, such as ginseng, and clinically backed green tea extract and rhodiola, for energy and endurance. Ginkgo and huperzine A support healthy memory and mental clarity. Special eye health ingredients, such as lutein and zeaxanthin, are included to counteract the effects of excessive tech use.*

WARNING: Too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. Not recommended for use by children under 18 years of age. If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. Consult your physician before using this product if you have any medical condition, or are taking any medications, in particular MAO inhibitor antidepressants.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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