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Vegan Essential
Omega



Vegan Essential
Omega

100% PLANT-BASED OMEGA FATTY ACIDS

Genesis Today Vegan Essential Omega is the ideal plant-based omega alternative to fish oil. Each serving provides Ahiflower® oil, a concentrated single-plant source of omega-3 & 6 fatty acids for cardiovascular health. Ahiflower offers the richest effective omega fatty acids from a single-plant source, including stearidonic acid (SDA). The presence of SDA in Ahiflower oil makes it distinct from flaxseed oil as clinical trials have shown that Ahiflower oil has up to four times (4x) more efficient conversion to EPA than flaxseed oil.*

Directions: As a dietary supplement, take two (2) soft gels daily.

Proper Care and Storage: After opening, store in a cool, dry place to maintain optimal freshness. Do not use if seal around cap is broken. Keep out of reach of children.

Ahiflower® is a registered trademark of Technology Crops, LLC.
Crop Assured 365® is a licensed trademark of Technology Crops, LLC.



Vegan Essential
Omega

Super Concentrated Plant-Based Omega-3



DIETARY SUPPLEMENT • 60 VEGETARIAN SOFT GELS

Supplement Facts

Serving Size: 2 Soft Gel Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	60	
Calories from Fat	60	
Total Fat	6 g	9%*
Saturated Fat	0 g	0%*

Omega-3 Fatty Acids		
Alpha-Linolenic Acid (ALA)	930 mg	†
Stearidonic Acid (SDA)	365 mg	†
Omega-6 Fatty Acids		
Gamma Linolenic Acid (GLA)	90 mg	†
Linoleic Acid (LA)	190 mg	†
Omega-9 Fatty Acids		
Oleic Acid (OA)	120 mg	†
Ahiflower® Seed Oil (<i>Buglossoides arvensis</i>)	2.2 g	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Non-GMO Modified Food Starch, Carrageenan, Glycerin, Purified Water, Antioxidants (Rosemary Extract, Natural Tocopherols, Ascorbyl Palmitate).

Sourced, Formulated, Quality Tested & Distributed by Genesis Today, Inc.
Austin, TX 78744
(800) 916-6642
GenesisToday.com



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Vegan Essential
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Ahiflower® oil is made by pressing and extracting Ahiflower seeds, making Ahiflower oil:

100% PLANT-BASED
OMEGA FATTY ACIDS

VEGAN

100% SUSTAINABLE

4X MORE EFFICIENT CONVERSION
TO EPA THAN FLAXSEED OIL

NO FISHY TASTE OR SMELL

Ahiflower is the most complete and optimally balanced single-plant source of omega 3, 6 and 9 available.

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