

SOURCE NATURALS®



DIETARY SUPPLEMENT

EXTRA VIRGIN

# COCONUT OIL

MEDIUM CHAIN FATTY ACIDS

240 SOFTGELS

## Supplement Facts

Serving Size 4 Softgels

Serving Per Container 60

	Amount Per Serving	%DV
Calories	35	
Calories from Fat	35	
Total Fat	4 g	6%*
Saturated Fat	3.5 g	18%*
Trans Fat	0 g	†
Cholesterol	0 g	<1%
Organic Extra Virgin Coconut Oil	4 g	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: gelatin, glycerin, titanium dioxide, and purified water.

Contains tree nuts (coconut).

**Suggested Use:** 4 to 8 softgels daily with meals.

STORE IN A COOL, DRY PLACE.

**NOTE:** If you are pregnant, may become pregnant, or are breastfeeding, consult your health care professional before using this product.

Long a dietary staple of the people of Asia, Africa, and the Pacific Islands, coconut oil has been used for both food and health care. It has been used in Ayurvedic herbalism for 4,000 years and it is a natural oil, lower in calories than most oils. Coconut oil is composed of medium-chain triglycerides (MCTs), which are less likely to be stored in the body as fat than are long-chain triglycerides (LCTs). Combined with essential fatty acids, it is a perfect addition to an overall healthy lipid program.\* The softgels are convenient and easy to swallow.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:  
© SOURCE NATURALS, INC.  
P.O. BOX 2118  
SANTA CRUZ, CA 95062  
www.sourcenaturals.com



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