

**SOURCE NATURALS®**

DIETARY SUPPLEMENT

# L-CARNITINE

**METABOLIC ENERGY\***

**500 MG • 30 CAPSULES**

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
L-Carnitine (as L-carnitine L-tartrate)	500 mg†

†Daily Value not established.

Other ingredients: gelatin (capsule), magnesium stearate, maltodextrin, and silica.

L-Carnitine is important for providing energy to muscles, and has been described as a "conditionally essential" nutrient for humans. 95% of all carnitine stores in the body are found in muscle tissue. It carries fatty acids into the mitochondria of each cell, where they are oxidized and stored as ATP, a prime energy fuel.\*

**Suggested Use:** 1 to 3 capsules daily.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Store at room temperature, away from heat and moisture.

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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