

USAGE: Take 3 capsules per day with food or as directed by your qualified health care consultant.

NOTE: If you have a medical condition (especially diabetes or coagulopathy), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially glucose-control or blood-thinning), consult your health care practitioner before using this product.

Vision Optimizer® supports visual function and ocular antioxidant status.*

- **Lutein** and **Zeaxanthin** are critical antioxidant carotenoids for the macula of the eyes.* Dark green, leafy vegetables include significant amounts of lutein and zeaxanthin. Lutein and zeaxanthin reduce age-related increase in the lens' density.*
- **New Zealand Blackcurrant Extract** (*Ribes nigrum*) contains powerful polyphenol antioxidants that reduce eye fatigue and promote eye comfort.*
- **Grape Seed Extract** (*Vitis vinifera*) supports the strength of capillaries and other blood vessels in the eyes.*
- **Alpha Lipoic Acid**, **Selenium** and **Vitamin B₂** support the antioxidants glutathione and glutathione peroxidase, which protect the eyes' lenses.*
- **Ginkgo Biloba Extract** promotes circulation and contains potent free radical scavenging flavonoids known as ginkgoflavonglycosides.*
- **Quercetin** is an antioxidant that protects lens architecture.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

06411VIS PROD # 129003



© 2011 Jarrow FORMULAS®

Lot #, Best Used Before:

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

Vision

Now with
Blackcurrant

OPTIMIZER®

**Lutein • Zeaxanthin • Blackcurrant • Grape Seed
Alpha Lipoic Acid • Taurine • Ginkgo • Quercetin
Selenium (Methylselenocysteine)**

Supports Visual Function*

90 Capsules
Dietary Supplement

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin E (as d-alpha tocopherol)	16 IU	53%
Niacinamide	100 mg	500%
B ₁ (as thiamine mononitrate)	12 mg	800%
B ₂ (as riboflavin)	10 mg	588%
B ₆ (as pyridoxine HCl)	12 mg	600%
Selenium (as methylselenocysteine)	10 mcg	14%
Taurine	500 mg	*
Quercetin	300 mg	*
Blackcurrant Extract (<i>Ribes nigrum</i>) (20% polyphenols) (fruit)	100 mg	*
Alpha Lipoic Acid	100 mg	*
Gamma Tocopherol	100 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>) (95% polyphenols)	100 mg	*
Eyebright (<i>Euphrasia officinalis</i>) (leaf)	100 mg	*
Ginkgo Biloba (24% ginkgoflavonglycosides) (leaf)	60 mg	*
Lutein (as esters) (<i>Tagetes erecta</i>) (marigold petal extract)	10 mg	*
Zeaxanthin (as esters) (<i>Tagetes erecta</i>) (marigold petal extract)	2 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.