

**USAGE:** Take 1 tablet 1 or 2 times per day, preferably on an empty stomach or after a workout or as directed by your qualified health care consultant. **Easy-Solv®** tablets are designed to disintegrate within several minutes of ingestion.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (including psychotropic medications), consult your health care practitioner before using this product.

**L-Glutamine** - the most abundant amino acid in the human body - is involved in many metabolic processes, including the synthesis and protection of muscles tissue, the production of glycogen, and immune support during periods of immune and muscular stress.\* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and hence supports the integrity of the intestinal lining.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow FORMULAS®**

**L-GLUTAMINE**

**USP Grade**

**1000**

**Protects Muscle Tissue\* &  
Supports Immune Function\***

**1000 mg 100 Easy-Solv® Tablets**  
**Dietary Supplement**

## Supplement Facts

Serving Size 1 Tablet

Servings Per Container 100

|             | Amount Per Serving | % DV |
|-------------|--------------------|------|
| L-Glutamine | 1000 mg            | *    |

\* Daily Value not established.

Other Ingredients: Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and silicon dioxide.

**Jarrow FORMULAS® L-Glutamine** is manufactured by microbiological fermentation and is USP/FCC grade. Store in a cool, dry place. DO NOT refrigerate.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

**Suitable for vegetarians/vegans.**

Distributed Exclusively by:

**Jarrow FORMULAS®**

Superior Nutrition and Formulation<sup>SM</sup>

P.O. Box 35994

Los Angeles, CA 90035-4317

**www.Jarrow.com**



10411GMTAB  
PROD # 115033



© 2011 **Jarrow FORMULAS®**