



Suggested usage: 1 softgel 3–9 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Flaxseed Oil is derived from the highest quality certified organic flax. The flaxseed oil is extracted using an exclusive chemical-free process, often referred to as “cold pressed”, that does not use harmful solvents like alcohol, hexane or organic chlorines. The oil is not refined or bleached, ensuring a pure, healthy oil that provides the important essential fatty acids that support good health.* Also contains lignans – natural phytochemicals found in high concentrations in flaxseeds.

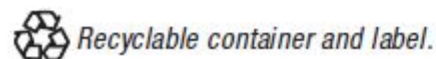
Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

**Purity & Potency
Guaranteed**



LOT & EXPIRY 1.3125" x .25" Single Line

OmegaFactors®

Flaxseed Oil

Made with Organic Flax

COLD PRESSED · SOURCE OF LIGNANS

530 mg ALA

1000 mg · 180 Softgels

OMEGA-3-6-9 ESSENTIAL FATTY ACIDS



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%‡
Polyunsaturated Fat	1 g	**
Certified Organic Flaxseed Oil	1000 mg	**
Omega-3 Fatty Acids (Alpha-Linolenic Acid) (ALA)	530 mg	**
Omega-6 Fatty Acids (Linoleic Acid) (LA)	100 mg	**
Omega-9 Fatty Acids (Oleic Acid) (OA)	120 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water, carob), organic flaxseed particulate (lignans), natural vitamin E (non-GMO sunflower oil).

