



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

Suggested usage: Chew or dissolve 1 tablet per day in the mouth before swallowing or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication, have a medical condition or anticipate a surgery. Keep out of the reach of children.

Methylcobalamin (vitamin B12) is active immediately upon absorption, while other forms (e.g., cyanocobalamin) must be converted to methylcobalamin in a two-step process. Methylcobalamin demonstrates exceptional activity in areas where other forms are simply not active. B12 supplementation is recommended for vegetarians and those with B12 deficiency.* It helps form red blood cells, prevents vitamin B12 deficiency and helps maintain good health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no starch, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

14224 167th Avenue SE

Monroe, WA 98272



Recyclable container and label.

Purity & Potency
Guaranteed

DIETARY SUPPLEMENT

B12

Methylcobalamin

BIOLOGICALLY ACTIVE
FORM OF B12

Quick Dissolve

180 Chewable Tablets

natural
Factors

1000 mcg

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B12 (methylcobalamin)	1000 mcg	16,667%

Other ingredients: Lactose, microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).

Contains milk.

LOT & EXPIRY 1.3125" x .25" Single Line

