

Maxi-Hair® has been adored by loyal consumers for more than 20 years, and is one of Country Life's best-sellers. This product, which is formulated with B Vitamins, biotin and MSM, brings life back to your hair, skin and nails.** Also available in capsules with higher biotin potency in Maxi-Hair® Plus.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. Not recommended for people who regularly consume liver. If any adverse reactions occur, stop taking the product and consult your doctor.

YES	CERTIFIED GLUTEN-FREE BY GFCO, ORG	NO	WHEAT
YES	CERTIFIED VEGETARIAN BY THE AVA	NO	SOY OR MILK
YES	RECYCLABLE PACKAGING	NO	PRESERVATIVES
YES	MANUFACTURING SUPPORTS	NO	ARTIFICIAL COLORS,
	WIND POWER		FLAVORS OR SWEETENERS

Do not accept if seal is broken. Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Lot No:

Best by:

This product has been
manufactured at a GMP
Registered facility.

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ESTABLISHED
— 1971 —
**Country®
Life**

MAXI-HAIR®

MAXIMIZED®

Certified Gluten-Free

Nourishment for:

- Healthier hair and skin**
- Strong nails**

Dietary
Supplement

90 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets daily.
For best utilization, take with food. Do not exceed
recommended dose. As a reminder, discuss the supplements and
medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	5,000 I.U. 100%
Vitamin C (as ascorbic acid, rose hips)	200 mg 333%
Vitamin E (as d-alpha tocopheryl acid succinate)	50 I.U. 167%
Thiamin (vitamin B1)(as thiamine hydrochloride)	30 mg 2,000%
Riboflavin (vitamin B2)	50 mg 2,941%
Niacin (as niacinamide)	50 mg 250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	50 mcg 833%
Biotin (as d-Biotin)	2,000 mcg 667%
Pantothenic Acid (as calcium d-pantothenate)	50 mg 500%
Calcium (as calcium carbonate, calcium d-pantothenate)†	200 mg 20%
Iodine (as potassium iodide)†	225 mcg 150%
Zinc (as zinc amino acid chelate [rice protein based])†	15 mg 100%
Selenium (as selenium rice chelate [rice protein based])†	50 mcg 71%
Copper (as copper rice chelate [rice protein based])†	1 mg 50%
MSM (methylsulfonylmethane)	600 mg *
L-Methionine (free form)	250 mg *
Horsetail Extract (stem)	100 mg *
L-Cysteine (as L-cysteine hydrochloride)	100 mg *
Inositol	50 mg *
PABA (para-aminobenzoic acid)	50 mg *
Choline (from 50 mg choline bitartrate)	21 mg *

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate, stearic acid, maltodextrin, cellulose & glycerin coating, silica, oligosaccharides (chicory root), calcium silicate, natural vanilla flavor, vegetable glaze.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
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