Maxi-Hair® has been adored by loval consumers for more than 20 years, and is one of Country Life's best-sellers. This product, which is formulated with B Vitamins, biotin and MSM, brings life back to your hair, skin and nails.** Also available in capsules with higher biotin potency in Maxi-Hair® Plus.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. Not recommended for people who regularly consume liver. If any adverse reactions occur, stop taking the product and consult your doctor.

YES CERTIFIED GLUTEN-FREE BY GECOLORG YES CERTIFIED VEGETARIAN BY THE AVA YES RECYCLABLE PACKAGING

NO WHEAT, SOY OR MILK NO PRESERVATIVES NO ARTIFICIAL COLORS FLAVORS OR SWEETENERS

YES MANUFACTURING SUPPORTS WIND POWER Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

This product has been manufactured at a GMP Registered facility. Lot No:

Best by:





MAXI-HAIR®

MAXIMIZED® Certified Gluten-Free

Nourishment for:

- Healthier hair and skin**
- Strong nails**

- Our PLEDGE of INTEGRITY
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets daily For best utilization, take with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers,

Supplement Facts Serving Size 2 tablets Servings Per Container 30

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Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	
Vitamin C (as ascorbic acid, rose hips)	200 mg 333%
Vitamin E (as d-alpha tocopheryl acid succinate)	
Thiamin (vitamin B1)(as thiamine hydrochloride)	
Riboflavin (vitamin B2)	
Niacin (as niacinamide)	50 mg 2 500%
Folic Acid	400 mea 1000
Vitamin B12 (as cyanocobalamin)	50 mca 833%
Biotin (as d-Biotin)	2.000 mca 667%
Pantothenic Acid (as calcium d-pantothenate)	50 mg 500%
Calcium (as calcium carbonate, calcium d-pantothenate)†	
lodine (as potassium iodide)†	
Zinc (as zinc amino acid chelate [rice protein based])†	
Selenium (as selenium rice chelate [rice protein based])†	
Copper (as copper rice chelate [rice protein based])†	1 mg 50%
MSM (methylsulfonylmethane)	600 mg '
L-Methionine (free form)	250 mg
Horsetail Extract (stem)	100 mg
L-Cysteine (as L-cysteine hydrochloride)	100 mg
Inositol	50 mg
PABA (para-aminobenzoic acid)	
Choline (from 50 mg choline bitartrate)	21 mg"

* Daily Value not established.

Other Ingredients: Cellubse, magnesium stearate, stearic acid, mathodextrin, cellulose & glycerin coating, silica, oliossaccharioss ichicory noot, calcium silicate, natural vanila flavor, vegetable claze.

Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA) CountryLifeVitamins.com Product No. 5028