

No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free,
No Soy, No Dairy.
Conforms to USP <2091> for weight.

Lutemax
LUTEN &
ZEAXANTHIN
2020
Lutemax® 2020 is a trademark of
OmniActive Health Technologies.

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TOTAL ORAC
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Inc. used under license.



ACTUAL SIZE



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals,
clinically studied ingredients and fruits and
vegetables. Get the nutritional support you
and your baby need before, during and
after pregnancy.



FETAL DEVELOPMENT

Has folic acid, which may reduce the risk of brain
and spinal cord birth defects when taken before
and during pregnancy. Also includes essential
nutrients for healthy fetal brain development.*



BONE

Includes calcium to strengthen bones and
support healthy fetal development. Also has
Vitamin D and magnesium for bone health.*



IRON

Contains iron to support placental and fetal needs
and a mother's increased blood volume during
pregnancy.*



ANTIOXIDANTS

Features a clinically studied fruit and vegetable
blend with antioxidants for cell protection.*

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
SUPERFOODS

ULTRA MEGA® GREEN Prenatal

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN FOR MOM AND BABY

Provides fetal development, bone, iron and
antioxidant support*



GLUTEN
FREE



VEGETARIAN
FORMULA



NON
GMO



CLINICALLY
RESEARCHED



90 CAPLETS

CODE 203611

DIRECTIONS: As a dietary supplement, take three caplets daily with food.

Supplement Facts

Serving Size Three Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value*
Vitamin A.....	5000 IU.....63%
Vitamin C.....	120 mg.....200%
Vitamin D.....	600 IU.....150%
Vitamin E.....	30 IU.....100%
Thiamin (Vitamin B-1).....	1.5 mg.....88%
Riboflavin (Vitamin B-2).....	1.7 mg.....85%
Niacin.....	20 mg.....100%
Vitamin B-6.....	15 mg.....600%
Folic Acid.....	800 mcg.....100%
Vitamin B-12.....	10 mcg.....125%
Biotin.....	300 mcg.....100%
Pantothenic Acid.....	10 mg.....100%
Calcium.....	600 mg.....46%
Iron.....	18 mg.....100%
Iodine.....	290 mcg.....193%
Magnesium.....	200 mg.....44%
Zinc.....	11 mg.....73%
Copper.....	1 mg.....50%
Vitamin K.....	90 mcg.....*
Selenium.....	60 mcg.....*
Manganese.....	2 mg.....*
Chromium.....	50 mcg.....*
Molybdenum.....	50 mcg.....*
Fruit & Vegetable Antioxidant Blend.....	100 mg.....*
Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregon Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder	
Lutemax® 2020 Lutein.....	2 mg.....*
Lycopene (from Tomato).....	1 mg.....*
Choline (as Choline Bitartrate).....	550 mcg.....*
Zeaxanthin (as Zeaxanthin Isomers).....	400 mcg.....*
Boron (as HPC).....	150 mcg.....*

* Daily Value for pregnant or lactating women.

* Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose, Magnesium Oxide, Niacinamide¹, Ferrous Sulfate HPC¹, Ascorbic Acid¹, Zinc Oxide¹, Calcium Ascorbate, d-Calcium Pantothenate¹, d-alpha-Tocopherol, Stearic Acid Vegetable Source, Titanium Dioxide (Natural Mineral Whiteners), Silicon Dioxide, Copper Sulfate¹, Manganese Sulfate¹, Magnesium Stearate Vegetable Source, Dicalcium Phosphate, beta-Carotene, Riboflavin¹, Pyridoxine Hydrochloride, Pyridoxine Hydrochloride¹, Magnesium HPC¹, Vegetable Acetoglycerides, Vitamin A Palmitate¹, Thiamine Hydrochloride¹, Potassium Iodide, Phytanadione¹, Folic Acid, Folic Acid¹, Ergocalciferol, Phytanadione, Biotin¹, Sodium Selenate¹, Chromium Chloride¹, Zinc Oxide, Biotin, Boron HPC¹, Sodium Molybdate¹, Chlorophyll, Cyanocobalamin¹, Molybdenum HPC¹, Methylcobalamin.

¹Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin)
HPC (Hydrolyzed Protein Chelate)

WARNING: Consult your physician prior to using this product. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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