

USAGE: Take 1 capsule 1 or 2 times per day, preferably on an empty stomach or after a workout or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (including psychotropic medications), consult your qualified health care practitioner before using this product.

L-Glutamine – the most abundant amino acid in the human body – is involved in many metabolic processes, including the synthesis and protection of muscle tissue, the production of glycogen, and immune support during periods of immune and muscular stress.* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and hence supports the integrity of the intestinal lining.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®

L-GLUTAMINE

USP Grade

750

**Protects Muscle Tissue* &
Supports Immune Function***

750 mg 120 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

	Amount Per Serving	% DV
L-Glutamine	750 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), cellulose and silicon dioxide. Capsule consists of gelatin.

Jarrow FORMULAS® L-Glutamine is manufactured by microbiological fermentation and is USP/FCC grade. Store in a cool, dry place. DO NOT refrigerate.

No wheat, no gluten,
no soybeans, no dairy,
no egg, no fish/shellfish,
no peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
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