

SOURCE NATURALS®

AMINO ACID SUPPLEMENT

FREE-FORM POWDER

L-ALANINE

ENERGY SUPPORT*

NET WT. 3.53 OZ. (100 GRAMS)

Supplement Facts

Serving Size 1/2 Teaspoon

Servings Per Container 43

Amount Per Serving		%DV
Calories	10	
L-Alanine	2.3 g	†
†Daily Value not established.		

L-Alanine is a crystalline, free-form amino acid. The liver can convert L-alanine into glucose as needed for muscle fuel; when glycogen stores are low, it can convert the glucose into glycogen. Glycogen is a storage form of glucose.*

Suggested Use: 1/4 to 1/2 teaspoon daily between meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians and **HYPOALLERGENIC:** contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0148 REV K101

Manufactured for:
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