

SOURCE NATURALS®

**BIO
ALIGN®**

DIETARY SUPPLEMENT

HIGHER MIND™

WITH PHOSPHATIDYLSERINE

30 TABLETS

Supplement Facts

Serving Size 4 Tablets
Servings Per Container 7

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Vitamin C (as ascorbic acid & zinc ascorbate)	200 mg	333%
Thiamin (vitamin B-1)	100 mg	6,667%
Riboflavin (vitamin B-2)	50 mg	2,941%
Niacin (as inositol nicotinate & niacin)	160 mg	800%
Vitamin B-6 (as pyridoxine HCl & pyridoxal-5' phosphate [Coenzymated™])	100 mg	5,000%
Folate (as folic acid & calcium folinate)	800 mcg	200%
Vitamin B-12 (as methylcobalamin)	400 mcg	6,667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1,000%
Magnesium (as magnesium oxide & malate)	200 mg	50%
Zinc (as zinc ascorbate)	10 mg	67%
Manganese (as manganese citrate)	5 mg	250%
L-Pyroglutamic Acid	600 mg†	
L-Glutamine	500 mg†	
Acetyl L-Carnitine HCl	500 mg†	
Gotu Kola Aerial Parts Ext.	250 mg†	
Phosphatidylserine (Sharp-PS®)	200 mg†	
N-Acetyl L-Tyrosine	200 mg†	
DMAE (as bitartrate)	160 mg†	

Ginkgo Leaf Extract	120 mg†	Ashwagandha Root Ext.	100 mg†
Inositol Nicotinate	110 mg†	Turmeric Rhizome	100 mg†
alpha-Lipoic Acid	100 mg†	Bilberry Fruit Extract	100 mg†
Taurine	100 mg†	Eleuthero Root	60 mg†
DLPA (DL-phenylalanine)	100 mg†	Extract	
GABA	100 mg†	Vinpocetine	30 mg†
L-Phenylalanine	100 mg†	Boron (as amino acid chelate)	2 mg†
gamma-Vitamin E Complex	100 mg†	Huperzine A	200 mcg†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: silicified microcrystalline cellulose, silica, hydroxypropyl methylcellulose, magnesium stearate, and stearic acid.

Contains soy.

Suggested Use: 1 to 4 tablets daily with a meal.

WARNING: Contains phenylalanine and tyrosine. Not to be used by phenylketonurics, women who are pregnant, may become pregnant, breastfeeding, or with antidepressant drugs containing MAO or SSR inhibitors. If you have chronic high blood pressure or epilepsy, consult your health care professional before using this product. **Do not use this product:** Within 7 days before or after surgery; or after any physical injury or trauma; or if you are taking warfarin (Coumadin®), aspirin, NSAIDs, or any other anticoagulant or antiplatelet aggregation drug; or if you have diabetes; or if you have a history of bleeding, high or low blood pressure, stroke or heart disease; or if you are pregnant or nursing a baby. **Discontinue use and notify your physician immediately if any unusual bleeding or symptoms occur.** Signs and symptoms of bleeding include: pain, swelling or discomfort, prolonged bleeding from cuts, increased menstrual flow or vaginal bleeding, nosebleeds, bleeding of gums from brushing, unusual bleeding or bruising, red or dark brown urine, red or tar black stools, headache, dizziness, or weakness.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:
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