

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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equaline®

compare to
One A Day®
Maximum Formula†

one daily™ maximum dietary supplement

essential vitamins and
minerals for daily nutrition

100 tablets



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 2500 I.U.	50%	Iodine 150 mcg	100%
(20% as Beta Carotene)		Magnesium 100 mg	25%
Vitamin C 60 mg	100%	Zinc 15 mg	100%
Vitamin D 400 I.U.	100%	Selenium 20 mcg	20%
Vitamin E 30 I.U.	100%	Copper 2 mg	100%
Vitamin K 25 mcg	31%	Manganese 3.5 mg	175%
Thiamin (Vit. B1) 1.5 mg	100%	Chromium 65 mcg	54%
Riboflavin (Vit. B2) 1.7 mg	100%	Molybdenum 160 mcg	213%
Niacin 20 mg	100%	Chloride 72 mg	2%
Vitamin B6 2 mg	100%	Potassium 80 mg	2%
Folic Acid 400 mcg	100%	Nickel 5 mcg	*
Vitamin B12 6 mcg	100%	Tin 10 mcg	*
Biotin 30 mcg	10%	Silicon 2 mg	*
Pantothenic Acid 10 mg	100%	Vanadium 10 mcg	*
Calcium 162 mg	16%	Boron 150 mcg	*
Iron 18 mg	100%		
Phosphorus 109 mg	11%		

* Daily Value (DV) not established.

INGREDIENTS: Dicalcium Phosphate, Potassium Chloride, Magnesium Oxide, Cellulose, Ascorbic Acid, Ferrous Fumarate, Calcium Carbonate, Gelatin, dl-Alpha Tocopheryl Acetate, Croscarmellose Sodium, Nicotinamide, Zinc Oxide, Magnesium Stearate, Dextrin, Crospovidone, d-Calcium Pantothenate, Hypromellose, Manganese Sulfate, Polyethylene Glycol, Silicon Dioxide, Red 40 Lake, Maltodextrin, Cupric Sulfate, Corn Starch, Dextrose, Pyridoxine Hydrochloride, Glucose, Titanium Dioxide, Riboflavin, Thiamine Mononitrate, Soy Lecithin, Sodium & Potassium Borates, Vitamin A Acetate, Acacia, Blue 2 Lake, Folic Acid, Sodium Molybdate,

Chromium Chloride, Beta Carotene, Potassium Iodide, Sodium Selenate, Sodium Metavanadate, Phytonadione, Biotin, Nickelous Sulfate, Stannous Chloride, Tricalcium Phosphate, Ergocalciferol, Cyanocobalamin, Sodium Metasilicate.

Distributed by
Albertsons, Inc.
Boise, Idaho 83726

Suggested use:
Take one tablet daily with a full glass of water, preferably after a meal.

Keep in a cool dry place, tightly closed.

Oil- and Water-soluble Vitamins with Minerals Tablets USP.



We are committed to your satisfaction and guarantee the quality of this product.
Contact us at
1-877-932-7418, or
www.albertsons.com

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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