

# REAL FOOD NUTRITION

UNSWEETENED • UNFLAVORED  
ORGANIC • VEGAN • GLUTEN FREE  
ALLERGEN FREE



## WHOLESGOME INGREDIENTS

Uniquely simple, our unflavored and unsweetened Organic Protein contains only four real food ingredients delivering 15 grams of vegan protein along with fiber, omega fatty acids and a full amino acid profile. Plus, we steer clear of added flavors and other extras so you can experience the real taste of whole food nutrition.\*



## QUALITY-TESTED PRODUCTS

From the farm to your blender, we source our ingredients for purity and quality, and test them every step of the way. We ensure our nutritional blends are vegan, non-GMO, gluten free, allergen free and free from flavors and fillers just as nature intended.



## ORGANIC PROTEIN

Dietary Supplement

15 G PURE  
PLANT-BASED  
PROTEIN

NO FLAVORS | NO SWEETENERS



THANK YOU!



## HONEST-TO-GOODNESS WELLNESS

### Supplement Facts

Serv Size: 1 sachet (22g) Serv Per Container 15

Amount Per Serving

Calories 80 Fat Cal 10

% Daily Values

Total Fat 1g 2%

Total Carb 3g 1%

Fiber 2g 8%

Sugars 1g †

Protein 15g 30%

Calcium 4%

Iron 30%

The Natural Citizen Organic Protein Blend 22g

Organic Hemp Protein (entire sprout)

Organic Brown Rice Protein (entire sprout)

Organic Pea Protein (entire sprout)

Organic Sacha Inchi Protein (entire sprout)

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

† Daily value not established.

Other Ingredients: None.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, prevent, or cure any disease.



## MIX IT UP

Add one sachet to your smoothie, oatmeal, yogurt or simply mix with 12 oz. of juice, almond milk or water. Blend, enjoy and share the love.

Store under 80° F.

Distributed by The Natural Citizen,  
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Certified Organic by Idaho State  
Department of Agriculture.

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BOOST SMOOTHIES, OATMEAL, YOGURT — ANYTHING!

15 SACHETS • 11.6 OZ (330G)

LIVE WELL. DO GOOD.