

**SOURCE NATURALS®**

DIETARY SUPPLEMENT

**L-CARNOSINE**

**REDUCES GLYCATION\***

**500 MG • 30 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving %DV		
Calcium	88 mg	9%
L-Carnosine	500 mg	†

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, hydroxypropyl cellulose, silica, and modified cellulose gum. L-Carnosine is a dipeptide composed of the amino acids *beta*-alanine and L-histidine. It occurs naturally in muscle, brain and other tissues in high concentrations. In *in vitro* studies, L-carnosine reduced glycation, a process in which DNA and protein are damaged by glucose. The end products of glycation are highly reactive molecules called advanced glycation end products (AGEs) which can further damage proteins, lipids and nucleic acids. The accumulation of AGEs is associated with aging.\*  
**Suggested Use:** 1 to 3 tablets daily with meals. Best if spread over separate eating occasions.

**CAUTION:** If you are pregnant, may become pregnant, or breastfeeding, consult your physician before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
© SOURCE NATURALS, INC.  
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