

Kelp is a type of seaweed found in the ocean. Known as a green superfood, kelp is an excellent natural source of iodine. Iodine is known for helping to support healthy thyroid function.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS

WIND POWER

YES KOSHER-PARVE

NO YEAST, CORN OR WHEAT

NO SOY, MILK, SALT OR SUGAR

NO PRESERVATIVES

NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

NO GMOs

Lot No:

Best by:

10L16NL



This product has been manufactured at a GMP Registered facility.



Dietary Supplement **300** Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country Life

**ARCTIC-
KELP™**

225 mcg

Certified Gluten-Free

- An excellent natural source of iodine
- Supports thyroid health*

Directions: Adults take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
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Iodine (as Arctic kelp)	225 mcg	150%
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Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, vegetable glaze. Contains Crustacean shellfish (species unknown) and fish (species unknown).

During kelp harvesting, it is possible for trace quantities of very small fish and/or shellfish to be included.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 4135