## Freshest, Best Tasting & Most Nutritious - Naturally!

- Pressed Fresh Made To Order
- Air Delivery Arriving within days
- . Only "Freshness Dated" flax oil
- Pure, unfiltered, unrefined, capturing nature's full bounty

## #1 Best Selling Flax Oil\*

- Gold Medal VITY Award Winner
- Gold Medal Taster's Choice Award
- Top 10 Best Selling Natural Products\* \*AC Nielson Syndicated Market Data

N urture and nourish your body with Barlean's Organic Oils, fresh from our handcrafted press and abundant in vital and essential Omega-3 fatty acids. Each drop is pure and pristine, unrefined and unfiltered to bring you vibrant health and energy!





SUGGESTED USE: 1-2 Tbsp. daily, can be used in salad dressings, mixed with yogurt, cottage cheese, oatmeal, blended beverages & protein drinks. Refrigerate. Freezing will extend shelf life up to one year.











Bruce Barlean

FRESH PRESSED

FRESHEST BEFORE

100% ORGANIC

**PURE & UNFILTERED** 

COLD PRESSED FRESH DAILY™

AMERICA'S BEST SELLING OMEGA-3

12 FL.OZ / 350 ML

INGREDIENTS: 100% unrefined, unfiltered organic flaxseed oil.

## **Supplement Facts**

Serving Size 1 Tbsp (15 ml) Servings Per Container 24

Amount Per Serving

Total Fat 14 g

Calories from Fat 120 Calories 120

> % Daily Value\* 22%

5% Saturated Fat 1 g

Polyunsaturated Fat 9.9 g

Omega-3 7700 mg

Omega-6 2240 mg

Monounsaturated Fat 2.5 g Omega-9 2520 mg

- \* Percent Daily Values (DV) are based on a 2 000 calorie diet
- + Daily Value not established.

For more information please write to:

Barlean's Organic Oils 4936 Lake Terrell Road Ferndale, WA 98248 800/445-3529



www.barleans.com

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