

Country Life®'s Evening Primrose Oil is a natural source of GLA (Gamma-Linolenic Acid) and LA (Linoleic Acid) fatty acids. Country Life® uses no Hexane or other harmful solvents during extraction. GLA is an omega-6 fatty acid involved in human metabolism.***

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCD.ORG	NO	YEAST, WHEAT OR CORN
YES	RECYCLABLE PACKAGING	NO	SOY, MILK, SALT OR SUGAR
YES	MANUFACTURING SUPPORTS WIND POWER	NO	PRESERVATIVES
		NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
		NO	MAGNESIUM STEARATE
		NO	GMOs

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.

ESTABLISHED
— 1971 —

Country
Life

EVENING PRIMROSE OIL

500 mg

Certified Gluten-Free

▶ A Natural Source
of GLA and LA

Dietary Supplement

60 Softgels

— Our PLEDGE of INTEGRITY —

AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) softgel with each meal or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving		% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Evening Primrose Oil (seed)	500 mg	**
(providing 45 mg of GLA [<i>gamma</i> -linolenic acid] and 350 mg <i>cis</i> -linoleic acid)		

*Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell), 100% bovine gelatin, BSE-free. **CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured for Country Life, LLC
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CountryLifeVitamins.com
Product No. 4001