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Keep out of the reach of children.

Keep in a cool dry place, tightly closed.

Oil- and Water-soluble Vitamins Tablets USP.



equaline™

compare to
One A Day®
Essential

high potency
one daily™
essential
dietary supplement
balanced multivitamin formula

100 tablets



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV
Vitamin A 3000 I.U.	60%
(17% as Beta Carotene)	
Vitamin C 60 mg	100%
Vitamin D 400 I.U.	100%
Vitamin E 30 I.U.	100%
Thiamin (Vit. B1) 1.5 mg	100%
Riboflavin (Vit. B2) 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B6 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B12 6 mcg	100%
Pantothenic Acid 10 mg	100%

INGREDIENTS: Calcium Carbonate, Ascorbic Acid, Gelatin, d-Alpha Tocopheryl Acetate, Niacinamide, Cellulose, d-Calcium Pantothenate, Croscarmel-

lose Sodium, Silicon Dioxide, Acacia, Dextrin, Hypromellose, Croscopovidone, Corn Starch, Stearic Acid, Pyridoxine Hydrochloride, Polyethylene Glycol, Red 40 Lake, Magnesium Stearate, Riboflavin, Thiamine Mononitrate, Vitamin A Acetate, Dextrose, Resin, Titanium Dioxide, Soy Lecithin, Folic Acid, Beta Carotene, Blue 2 Lake, Ergocalciferol, Cyanocobalamin.

Distributed by Albertsons, Inc.
Boise, Idaho 83726

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal.



EAL5800EA06

FRESHNESS AND POTENCY GUARANTEED THROUGH: