

ESTD 1989



Fresh Catch®

Barlean's Fresh Catch Fish® Oil
is for those who aspire to nutritionally support the optimal structure and function of:

- Joint Mobility & Bone Density*
- Skin, Hair & Nail Health*
- Sexual and Hormonal Health*
- Heart Health*
- Eye Health - Visual Acuity*
- Energy & Endurance*
- Mental Health, Wellness & Acuity*

Barlean's Fresh Catch is a pure & pristine source of purified pharmaceutical grade fish oil providing optimal levels of EPA and DHA to bring you vibrant health and energy.

FISH OIL

SUPPLEMENT

Purity Guaranteed - Ultra Purified.
Free of mercury, lead, PCBs and other contaminants.

SUGGESTED USE: 1 teaspoon daily with a meal. Refrigerate - a cloudy appearance is natural.
SHAKE WELL.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% SATISFACTION GUARANTEED

Bruce Barlean

FRESHEST BEFORE

BOTTLED ON

FRESHEST BEFORE

OMEGA-3 EPA/DHA

Ultra-Purified

Pharmaceutical
GradeGuaranteed
Best Tasting

8 FL.OZ / 236 ML

ORANGE FLAVOR

Supplement Facts

Serving Size 1 Tsp. (5 ml)

Servings per Container 47

Amount Per Serving

Calories 45 Calories from Fat 45

% Daily Value*

Total Fat 4.5 g 8%

Saturated Fat 1.5 g 8%

Polyunsaturated Fat 2 g †

Monounsaturated Fat 1 g †

Cholesterol 2 mg 1%

Vitamin E Natural 5 IU (d-alpha Tocopherol) 16%

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA) 850 mg †

Docosahexaenoic Acid (DHA) 540 mg †

Other Omega-3 Fatty Acids 385 mg †

Omega-6 Polyunsaturated Fat

Linoleic Acid (LA) 55 mg †

Other Omega-6 Fatty Acids 35 mg †

Omega-9 Monounsaturated Fat

Oleic Acid 685 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Pure & pristine, ultra-purified cold water deep-sea fish oil from anchovy, sardine and mackerel, natural citrus flavoring, FreshLok™ antioxidant containing rosemary extract, ascorbyl palmitate, ascorbic acid, soy lecithin and d-alpha tocopherol to ensure freshness.

Barlean's Organic Oils

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