

Iron Aid™ is an advanced iron supplement with Vitamins C, B12 and folic acid. Vitamin C assists in iron absorption, while B12 and folic acid aid in the formation of red-blood cells.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR SOY
YES CERTIFIED VEGAN BY THE AVA	NO MILK, SALT OR SUGAR
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS
YES KOSHER-PARVE	FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

11116N1



Dietary
Supplement

60 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country
Life

IRON AID™

Certified Gluten-Free

- Essential for red-blood cell formation**
- Contains Vitamins C, B12 and folic acid

Directions: Adults take one (1) tablet daily with food, or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid).....	150 mg 250%
Folic Acid.....	400 mcg 100%
Vitamin B12 (as cyanocobalamin).....	100 mcg 1,667%
Iron (as ferrous gluconate).....	15 mg 83%
L-Histidine (as L-histidine hydrochloride).....	100 mg *

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, organic coating (tapioca maltodextrin, sunflower lecithin, sustainable palm oil, guar gum), magnesium stearate, silica. **CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a Poison Control Center immediately.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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