

CODE 330220

Directions: As a dietary supplement, take the contents of one pack daily with food.

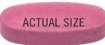
Each pack contains:

Women's Ultra Mega® Bone Density without Iron and Iodine

Supplement Facts		
Serving Size Four Pink Caplets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	2000 IU	500%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacin & Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	1000 mg	100%
Magnesium (as Magnesium Oxide)	250 mg	63%
Zinc (as Zinc Oxide)	15 mg	100%

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Carmine Color, Natural Vanilla Flavor, Vegetable Acetoglycerides, Sucralose.

CONTAINS: Fish and Milk.



Menopause Formula		
Supplement Facts		
Serving Size One Brown Filled Capsule		
Amount Per Serving	% Daily Value	
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
MBP*	40 mg	*
alpha-Lipoic Acid	25 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Green Tea Leaf Extract (Camellia sinensis)	10 mg	*
Cranberry Concentrate (Vaccinium macrocarpon)	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.



Fish Oil		
Supplement Facts		
Serving Size One Yellow Softgel Capsule		
Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Cholesterol	10 mg	3%
Total Omega-3 Fatty Acids (including DHA/EPA)	300 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Maltodextrin.

CONTAINS: Soybeans.

WARNING: Contains Black Cohosh which is not to be used while pregnant or nursing.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

This product is regularly tested (using AOAC international protocols) for potency and purity by an independent, FDA-registered laboratory and found to be free of detectable levels of mercury, cadmium and lead.



For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

Evening Primrose Oil 1300		
Supplement Facts		
Serving Size One Yellow Softgel Capsule		
Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Cholesterol	10 mg	3%
Total Omega-3 Fatty Acids (including DHA/EPA)	300 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic and Stearic Acid).

Typical fatty acid profile per Capsule:

Linoleic Acid (LA)(omega-6)	910 mg
gamma-Linolenic Acid (GLA)(omega-6)	100 mg
Other Fatty Acids	290 mg

Potency verified by GNC procedure #5123. Conforms to USP <2091> for weight.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, No Gluten, Yeast Free.



WOMEN'S ULTRA MEGA® Menopause

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied multivitamin^ with 2,000 IU vitamin D-3
- Enhanced formula to help manage hot flashes and night sweats*
- Supports heart and cholesterol health with omega-3s*
- Helps build and maintain bone density with 1,000 mg calcium*



30 PACKS



WOMEN'S ULTRA MEGA® Menopause

GNC Women's Ultra Mega® Menopause Vitapak® Program conveniently combines nutrients and special ingredients designed to support a woman's overall health as she experiences mid-life changes.

- ✔ **Women's Ultra Mega® Bone Density without Iron and Iodine**
Our premium timed-release, clinically studied^ formula includes vitamins and minerals designed specifically to emphasize the key nutrients for bone health. Features 1,000 mg of calcium, 2,000 IU of vitamin D-3 and 40 mg of clinically studied MBP®, a protein complex derived from milk, shown to support natural bone building.* Enhanced with a broad spectrum of cell-protecting antioxidant nutrients and vitamin K, copper, zinc and manganese which are essential nutrients involved in the formation of the bone matrix.*
- ✔ **Menopause Formula**
An advanced isoflavone formula that features standardized soy isoflavones. Natural soy isoflavones act as mild estrogens and may help manage hot flashes and night sweats associated with menopause.* This formula is enhanced with black cohosh, a popular herb studied in German clinical trials and frequently recommended for hot flashes.
- ✔ **Evening Primrose Oil**
Supplies a natural source of the omega-6 fatty acid gamma-linolenic acid (GLA). GLA provides dietary support for cardiovascular system function, healthy blood lipid levels and healthy joint function.* It also helps to maintain smooth, healthy-looking skin and acts as a precursor to prostaglandins, hormone-like substances that help to regulate the body processes, including hormone balance.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

