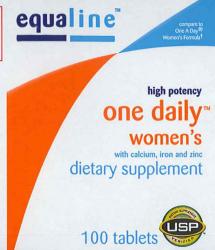
WARNING: Accidental overdose of iron- containing products is a leading cause of fatal poisoning in children under 6. Keen this In case of accidental overdose. call a doctor or poison control center immediately.

Keep in a cool dry place, tightly

Oil- and Water-soluble Vitamins with Minerals Tablets USP. †One A Day® is a registered trademark of Bayer Healthcare LLC, Pittsburgh, PA 15205 which does not manufacture, distribute or license this product.





USP has tested and verified ingredients, potency, and Furnarate, Corn Starch, manufacturing process. USP sets official standards Maltodextrin, dl-Alpha Tocopheryl for dietary supplements. See www.uspyerifled.org

Supplement Facts

Serving Size 1 Tablet	
Each Tablet Contains % Daily Value	
Vitamin A 2500 I.U. (20% as Beta Carotene)	50%
Vitamin C 60 mg	100%
Vitamin D 400 I.U.	100%
Vitamin E 30 I.U.	100%
Thiamin (Vitamin B1) 1.5 mg	100%
Riboflavin (Vitamin B2) 1.7 mg	100%
Niacin 10 mg	50%
Vitamin B6 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B12 6 mcg	100%
Pantothenic Acid 5 mg	50%
Calcium 450 mg	45%
Iron 18 mg	100%
Magnesium 50 mg	13%
Zinc 15 mg	100%

INGREDIENTS: Calcium Carbonate, Cellulose, Magnesium Oxide, Ascorbic Acid, Ferrous

Acetate, Croscarmellose Sodium, Acacia, Zinc Oxide, Magnesium Stearate, Titanium Dioxide, Dextrin, Hypromellose, Niacinamide, d-Calcium Pantothenate, Gelatin, Polyethylene Glycol, Silicon Dioxide, Dextrose, Pyridoxine Hydrochloride, Soy Lecithin, Riboflavin, Thiamine Mononitrate, Vitamin A Acetate, Dicalcium Phosphate, Folic Acid, Yellow 5 Lake, Beta Carotene, Yellow 6 Lake, Blue 2 Lake, Cholecalciferol, Cyanocobalamin.

Distributed by Albertsons, Inc. Boise, Idaho 83726

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal.



ouarantee the quality of this product. Contact us at 1-877-932-7948, or www.albertsons.com

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