

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC

WOMEN'S Prenatal Formula with DHA



Support for mom and baby before, during and after pregnancy. This formula features a balanced nutritional blend of vitamins, minerals and antioxidants.

✓ Fetal Development

Contains 500 mg of DHA omega-3 fatty acids to support the healthy development of your baby's brain, eyes and nervous system. Also provides 1000 mg of folic acid, which, as part of a healthy diet, may reduce the risk of brain and spinal cord birth defects when taken before and during pregnancy. It's also required for cell growth and DNA formation.*

✓ Bone Health

Features 600 mg of calcium, which is especially vital during the third trimester when your baby's bones begin to calcify. If a mother's calcium level drops, her body can pull calcium from her bones, which can result in loss of bone density.*

✓ Iron

Contains 18 mg of iron. Iron plays a crucial role in the formation of healthy red blood cells, which is essential to support placental and fetal needs and a mother's increased blood volume.*

✓ Antioxidants

Has antioxidants for protection from harmful free radicals.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

WOMEN'S Prenatal Formula with DHA

Dietary Supplement

NUTRITIONAL INSURANCE FOR MOM & BABY*

- 500 mg of DHA for brain and eye development*
- 1000 mcg of folic acid for fetal development*
- Calcium to support bone health*



PHYSICIAN
ENDORSED*

90 SOFTGELS

CODE 286712

ARG

Directions: As a dietary supplement, take three softgel capsules daily with food.

Supplement Facts

Serving Size Three Softgel Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value†
Calories	15
Calories from Fat	15
Total Fat	1.5 g 2%†
Vitamin A (as beta-Carotene)	4500 IU 56%
Vitamin C (as Ascorbic Acid)	120 mg 200%
Vitamin D (as Cholecalciferol D-3)	400 IU 100%
Vitamin E (as dl-alpha Tocopheryl Acetate)	30 IU 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.4 mg 82%
Riboflavin (Vitamin B-2)	1.6 mg 80%
Niacin (as Niacinamide)	18 mg 90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg 400%
Folic Acid	1000 mcg 125%
Vitamin B-12 (as Cyanocobalamin)	8 mcg 100%
Biotin	35 mcg 12%
Pantothenic Acid (as Calcium d-Pantothenate)	7 mg 70%
Calcium (as Calcium Carbonate)	600 mg 46%
Iron (as Ferrous Fumarate)	18 mg 100%
Iodine (as Potassium Iodide)	290 mcg 193%
Magnesium (as Magnesium Oxide)	200 mg 44%
Zinc (as Zinc Oxide)	15 mg 100%
Copper (as Cupric Oxide)	1.3 mg 65%
Selenium (as Selenium Yeast)	70 mcg *
Manganese (as Manganese Sulfate)	2.6 mg *
Chromium (as Chromium Chloride)	45 mcg *
DHA (Docosahexaenoic Acid)	500 mg *
Choline (as Choline Bitartrate)	550 mcg *

† Percent Daily Value based on a 2,000 calorie diet.

‡ Daily Value for pregnant or lactating women.

* Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Folic Acid intake should not exceed 125% of the DV (1000 mcg).

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Preservatives, No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy.



GLUTEN
FREE



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* This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

To ensure a complete nutritional program, take daily with these GNC products:

- Calcium
- Ultra Probiotic Complex
- SuperFoods Supreme
- Ginger Root

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.