

USAGE: Take 1 softgel up to 3 times per day, preferably with meals or as directed by your qualified health care consultant. Keep out of light and store in refrigerator or cool place.

Jarrow FORMULAS® ORGANIC FLAXSEED OIL softgels are the finest source of cold-pressed flaxseed oil. These softgels offer the richest source of the essential omega-3 fatty acid, alpha-linolenic acid (18:3n-3). The flaxseed oil is extracted from organically grown flaxseeds by an expeller-press, **cold-extraction** method that safeguards the special long chain fatty acids from excessive heat. This product is protected from light and oxygen during both extraction and encapsulation.

Jarrow FORMULAS® ORGANIC FLAXSEED OIL is unrefined and contains all the natural constituents found in fresh flaxseed oil.

Keep out of the reach of children.



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PROD # 111004

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Jarrow FORMULAS®

Made With Organic Flaxseed Oil

FLAXSEED OIL

Softgels

Translucent
Softgel



***Richest Source of the
Essential Omega-3***

1000 mg 100 Softgels
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 100

	Amount Per Serving	% DV
Organic Flaxseed Oil	1000 mg	*
(yielding 525 mg Alpha-Linolenic Acid [Omega-3])		

* Daily Value not established.

Softgel consists of gelatin, glycerin, and water.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Certified Organic by QAI.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

P.O. Box 35994

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PRODUCT OF CANADA



Lot #. Best Used Before: