No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free. No Dairy, Yeast Free.

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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.



GLUTEN FREE

WOMEN'S ULTRA MEGA® without Iron & lodine



More antioxidant power than ever and over 30 clinically studied ingredients in every formula all in smaller, easier-to-swallow pills.

Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps to support bone health.*

Antioxidants

Packed with antioxidants for cell protection and stress defense.*

Immune Support

Supports immune health with 30% more absorption of key immune and stress defense nutrients ^*

Beauty

Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration and elasticity.*

'In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo

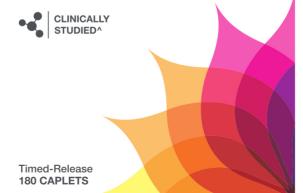


WOMEN'S **ULTRA MEGA®** without Iron & lodine

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Antioxidants
- Immune Support*
- Beauty



Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Servings Per Container 90

	% Daily Value
5000 IU	100%
200 mg	333%
1600 IU	400%
30 IU	100%
80 mcg	100%
50 mg	3333%
50 mg	2941%
50 mg	250%
50 mg	2500%
400 mcg	1009
50 mcg	833%
300 mcg	100%
50 mg	500%
500 mg	50%
50 mg	13%
15 mg	100%
200 mcg	286%
2 mg	100%
2 mg	100%
120 mcg	1009
75 mcg	100%
	2 mg 2 mg 120 mcg

alpha-Lipoic Acid 25 mg Lutemax® 2020 Lutein 2 mg 1 mg Turmeric Root Extract (CurcuWIN)"\(Curcuma longa\)(Standardized to Curcuminoic 500 mca Zeaxanthin (as Zeaxanthin Isomers 400 mca Astaxanthin (from Haematococcus pluvialis 50 mca beta-Cryptoxanthin 10 mca Fruit & Vegetable Blend

Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder Pomegranate Fruit Powder Broccoli Powder Tomato Powder Grane Skin Powder Carrot Powder Panaya Fruit Powder

leauty Blend		
Green Tea Leaf Extract (Camellia sinensis)(Standardized to Polyphenols)	14 mg	1
Silica (as Silicon Dioxide)	4 mg	,
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg	1
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg	1
Irain Health Blend		
Choline (as Choline Bitartrate)	10 mg	1
Inositol	10 mg	1
Boron (as Sodium Borate)	2 mg	1
GABA (gamma-Aminobutyric Acid)	1 mg	,
Vanadium (as Sodium Metavanadate)	10 mcg	,

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener). Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans. WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.