

No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy.
Conforms to USP <201> for weight.

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LUTELIN & ZEAXANTHIN
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OmniActive Health Technologies.

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TOTAL ORAC
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Inc. used under license.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.



Please recycle this box.

ULTRA MEGA[®] GREEN

Whole Food Enhanced Multivitamin

*Made with cultured vitamins and
minerals, clinically studied ingredients
and fruits and vegetables.*



WOMEN'S HEALTH

Contains essential vitamins and
minerals for overall health. Enhanced
with cranberry for urinary health and
iron for energy support and muscle
function.*



HEART

Supports heart health and
cardiovascular function.*



BONE

Includes nutrients essential for building
and maintaining healthy bones.*



BEAUTY

Packed with antioxidants to defend
against cell aging plus lutein for skin
hydration.*

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
SUPERFOODS

ULTRA MEGA[®] GREEN Women's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN

*Provides heart, bone and beauty support**



GLUTEN
FREE



VEGETARIAN
FORMULA



NON
GMO



CLINICALLY
RESEARCHED



60 CAPLETS

CODE 203312

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%	Fruit & Vegetable	100 mg *
Vitamin C	100 mg 167%	Antioxidant Blend	
Vitamin D	1000 IU 250%	Spectra TM Total ORAC Blend of: Green Coffee	
Vitamin E	30 IU 100%	Extract, Broccoli Sprout Powder, Green Tea	
Vitamin K	80 mcg 100%	Extract, Onion Extract, Apple Extract, Acerola	
Thiamin (Vitamin B-1)	5 mg 333%	Extract, Camu Camu Extract, Quercetin, Tomato	
Riboflavin (Vitamin B-2)	5 mg 294%	Powder, Broccoli Powder, Acai Fruit Powder,	
Niacin	25 mg 125%	Turmeric Root Extract, Garlic Powder, Basil Leaf	
Vitamin B-6	25 mg 1250%	Powder, Oregonio Leaf Powder, Cinnamon Bark	
Folic Acid	400 mcg 100%	Powder, Elderberry Fruit Powder, Carrot Powder,	
Vitamin B-12	150 mcg 2500%	Mangosteen Fruit Powder, Black Currant Fruit	
Biotin	300 mcg 100%	Extract, Blueberry Fruit Extract, Sweet Cherry	
Pantothenic Acid	25 mg 250%	Fruit Powder, Blackberry Fruit Powder,	
Calcium	50 mg 5%	Chokeberry Fruit Powder, Raspberry Fruit	
Iron	18 mg 100%	Powder, Spinach Leaf Powder, Kale Leaf	
Iodine	150 mcg 100%	Powder, Bilberry Fruit Extract, Brussels Sprout	
Magnesium	25 mg 6%	Powder	
Zinc	20 mg 133%	Lycopene (from Tomato)	1 mg *
Selenium	200 mcg 286%	Zeaxanthin	400 mcg *
Copper	2 mg 100%	(as Zeaxanthin Isomers)	
Manganese	2 mg 100%	Women's Health &	
Chromium	120 mcg 100%	Beauty Blend	17 mg *
Molybdenum	75 mcg 100%	Cranberry Fruit Extract, Horse Chestnut Seed,	
		Lutemax ²⁰²⁰ Lutein	
		Digestive Health	
		& Comfort Blend	20 mg *
		Ginger Root Extract (5% Gingerols = 0.50 mg)	
		Cellulose, Bromelain, and Papain	

* Daily Value not established.

Other Ingredients: Cellulose, Ferrous Sulfate HPC[®], Nicotinamide[®], Ascorbic Acid[®], Calcium Carbonate, Calcium Ascorbate, Zinc Oxide[®], d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate[®], Stearic Acid Vegetable Source, Magnesium Oxide, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate[®], Magnesium Stearate Vegetable Source, Manganese Sulfate[®], Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Zinc Oxide, Riboflavin[®], Ergocalciferol, Pyridoxine Hydrochloride[®], Vitamin A Palmitate[®], Thiamin Hydrochloride[®], Nicotinamide, Phytonadione, Phytonadione[®], Magnesium HPC[®], Folic Acid[®], Potassium Iodide, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin[®], Sodium Selenate[®], Copper Sulfate, Chromium Chloride[®], Folic Acid, Sodium Molybdate[®], Molybdenum HPC[®], Cyanocobalamin[®], Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

[®]Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin)

[®]HPC (Hydrolyzed Protein Chelate)

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.