No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.
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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548



SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

'n a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thamin, niacin, riboflavin, pantibemic acid, blotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tecopheros, selenium, lutein and lyopene). Statistical improvements in SF-38 Vitality and Mental Health scores were also observed compared to placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.



WOMEN'S ULTRA MEGA® without Iron & lodine



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

♥ Women's Health Output Description: Output Description:

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps to support bone health.*

Antioxidants

Packed with antioxidants for cell protection and stress defense.*

Immune Support

Supports immune health with 30% more absorption of key immune and stress defense nutrients.^*

Beauty

Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration for skin elasticity.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

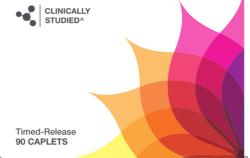
GNC

WOMEN'S ULTRA MEGA® without Iron & lodine

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Antioxidants
- Immune Support*
- Beauty



202612

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 45

Amount Per Serving		% Daily Valu
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU	1009
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)		
Vitamin D (as Cholecalciferol D-3)	1600 IŪ	4009
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	1009
/itamin K (as Phytonadione)	80 mcg	1009
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)		
Riboflavin (Vitamin B-2)	50 mg	29419
Viacin (as Niacinamide & Niacin)	50 mg	2509
/itamin B-6 (as Pyridoxine Hydrochloride)		
olic Acid		
/itamin B-12 (as Cyanocobalamin)	50 mcg	8339
Biotin	300 mcg	1009
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	5009
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg	509
Magnesium (as Magnesium Oxide)	50 mg	139
Zinc (as Zinc Oxide)		
Selenium (as L-Selenomethionine)		
Copper (as Copper Sulfate)	2 mg	1009
Manganese (as Manganese Sulfate)	2 mg	1009
Chromium (as Chromium Chloride)		
Molybdenum (as Sodium Molybdate)	75 mcg	1009

ner Antioxidant Blend	
pha-Lipoic Acid	25 mg
Itemax® 2020 Lutein	
/copene	
irmeric Root Extract (CurcuWIN")(Curcuma longa)(Std. to Curcumir	noids) 500 mcg
eaxanthin (as Zeaxanthin Isomers)	
staxanthin (from Haematococcus pluvialis)	50 mcg
eta-Cryptoxanthin	10 mcg
it & Vegetable Blend	15 mg
range Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder,	Acai Fruit Powder, Blueberry Poma

Turk a Vegetable Beinn .

15 mg.
Grong Pele Powder, Spinsch Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace
Powder, Cranberry Fruit Powder, Pomegarate Fruit Powder, Broccoil Powder, Gmato Powder, Graps Skin
Powder, Carnor Powder, Papaga Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf
Powder, Apple Fruit Powder, Kiwi Fruit Powder

Powder, Apple Fruit Powder, Kiwi Fruit Powder

Beauty Blend	
Green Tea Leaf Extract (Camellia sinensis)(Standardized to Polyphen	ols)14 mg
Silica (as Silicon Dioxide)	4 mg
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg
Brain Health Blend	-
Choline (as Choline Bitartrate)	10 mg
Inositol	10 mg
Boron (as Sodium Borate)	
GABA (gamma-Aminobutyric Acid)	
Vanadium (as Sodium Metavanadate)	

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP <2091> for weight.