

CONTAINS: Fish, Soybeans and Wheat.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.  
No Artificial Colors, No Dairy, Yeast Free.  
**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



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OmniActive Health Technologies.

ACTUAL SIZE

# GNC MEGA MEN® Diabetic Support

✓ **Why should I use it?**  
It's scientifically designed for the special dietary needs of people with diabetes. Use it with the enclosed nutritionally balanced diet suitable for persons with diabetes to help maintain healthy blood sugar levels and improve circulation and eye health.\*

✓ **How does it work?**  
It features zinc and key B-vitamins to provide support for carbohydrate metabolism.\* Ginkgo biloba and arginine provide circulation support, and choline provides support for cardiovascular health.\* The potent ingredients lutein, zeaxanthin and hyaluronic acid are important nutrients present in the eye.\* This formula also includes glutamine, carnitine and leucine to help fuel muscles.\*

\*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF 36 Vitality and Mental Health scores compared to those taking a placebo.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**OUR QUALITY COMMITMENT TO YOU**  
Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

# GNC MEGA MEN® Diabetic Support

Dietary Supplement

## MULTIVITAMIN & NUTRITION PLAN

- Multivitamin with premium ingredients to support glucose metabolism\*
- Provides key nutrients to help promote normal glucose utilization & insulin production\*
- Supports circulatory, heart & eye health with advanced nutrient blends\*

Timed-Release  
90 CAPLETS



CODE 184912 GRG  
**DIRECTIONS:** As a dietary supplement, for optimal health benefits take two caplets daily with food. Can be divided by taking one caplet in the morning and one caplet in the afternoon for maximum absorption.

| Supplement Facts                                                  |         |               |
|-------------------------------------------------------------------|---------|---------------|
| Serving Size Two Caplets<br>Servings Per Container 45             |         |               |
| Amount Per Serving                                                |         | % Daily Value |
| Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)          | 5000 IU | 100%          |
| Vitamin C (as Ascorbic Acid & Calcium Ascorbate)                  | 300 mg  | 500%          |
| Vitamin D (as Cholecalciferol D-3)                                | 1600 IU | 400%          |
| Vitamin E (as Natural d-alpha Tocopheryl Acetate)                 | 30 IU   | 100%          |
| Vitamin K (as Phylloquinone)                                      | 80 mcg  | 100%          |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate)                    | 50 mg   | 3333%         |
| Riboflavin (Vitamin B-2)                                          | 50 mg   | 2941%         |
| Niacin (as Niacinamide & Niacin)                                  | 50 mg   | 250%          |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                         | 50 mg   | 2500%         |
| Folic Acid                                                        | 400 mcg | 100%          |
| Vitamin B-12 (as Cyanocobalamin)                                  | 50 mcg  | 833%          |
| Biotin                                                            | 300 mcg | 100%          |
| Pantothenic Acid (as Calcium d-Pantothenate)                      | 50 mg   | 500%          |
| Calcium (as Calcium Carbonate & Calcium Ascorbate)                | 200 mg  | 20%           |
| Iodine (as Potassium Iodide)                                      | 150 mcg | 100%          |
| Magnesium (as Magnesium Oxide)                                    | 100 mg  | 25%           |
| Zinc (as Zinc Oxide)                                              | 25 mg   | 167%          |
| Selenium (as L-Selenomethionine)                                  | 200 mcg | 286%          |
| Copper (as Cupric Oxide)                                          | 2 mg    | 100%          |
| Manganese (as Manganese Sulfate)                                  | 2 mg    | 100%          |
| Chromium (as Hydrolyzed Protein Chelate)                          | 200 mcg | 167%          |
| Molybdenum (as Sodium Molybdate)                                  | 75 mcg  | 100%          |
| Inositol                                                          | 10 mg   | *             |
| Silica                                                            | 4 mg    | *             |
| Boron (as Hydrolyzed Protein Chelate)                             | 2 mg    | *             |
| <b>Blood Glucose Support</b>                                      |         |               |
| alpha-Lipoic Acid                                                 | 25 mg   | *             |
| Cinnamon Bark Powder ( <i>Cinnamomum cassia &amp; burmannii</i> ) | 25 mg   | *             |
| Bitter Melon Powder ( <i>Momordica charantia</i> )                | 50 mg   | *             |
| Fenugreek Seed Powder ( <i>Trigonella foenum-graecum</i> )        | 50 mg   | *             |
| Gymnema sylvestre Extract                                         | 25 mg   | *             |
| Vanadium (as Sodium Metavanadate)                                 | 10 mcg  | *             |
| <b>Circulatory &amp; Cardio Health Blend</b>                      |         |               |
| Ginkgo biloba Leaf Powder                                         | 10 mg   | *             |
| L-Arginine                                                        | 25 mg   | *             |
| Choline (as Choline Bitartrate)                                   | 10 mg   | *             |
| <b>Eye Health Support</b>                                         |         |               |
| Lutemax® 2020 Lutein                                              | 3 mg    | *             |
| Zeaxanthin (as Zeaxanthin Isomers)                                | 600 mcg | *             |
| Hyaluronic Acid (as Sodium Hyaluronate)                           | 2 mg    | *             |
| <b>Antioxidant Rejuvenation Blend</b>                             |         |               |
| Astaxanthin                                                       | 50 mcg  | *             |
| Lycopene                                                          | 950 mcg | *             |
| <b>Muscle Support Blend</b>                                       |         |               |
| L-Glutamine                                                       | 80 mg   | *             |
| L-Carnitine                                                       | 10 mg   | *             |
| L-Leucine                                                         | 10 mg   | *             |

\* Daily Value not established.

**Other Ingredients:** Cellulose, Titanium Dioxide, Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.