



Suggested usage: 3 tablets 2 times per day with meals or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

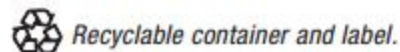
Women's Plus MultiStart is the perfect foundation multiple including a complete spectrum of nutrients, herbs, and antioxidants in the ideal ratio and serving.* MultiStart reduces the need for supplemental pills such as calcium and black cohosh, and ensures that correct and balanced levels of important nutrients, herbs, and antioxidants are delivered to the body, specific to the nutritional needs of women in perimenopause, menopause, and postmenopause.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, gluten, yeast, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



LOT & EXPIRY 1.3125" x .25" Single Line

DIETARY SUPPLEMENT

Women's *Plus* MultiStart®

**FOR PERIMENOPAUSE, MENOPAUSE
& POSTMENOPAUSE***

90 Tablets

COMPLETE SPECTRUM



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (25% vitamin A palmitate & 75% beta-carotene)	10,000 IU	200%	Molybdenum (citrate)	12.5 mcg	17%
Vitamin C (ascorbic acid)	300 mg	500%	Choline (bitartrate)	50 mg	**
Vitamin D3 (cholecalciferol)	200 IU	50%	Inositol	50 mg	**
Vitamin E (d-alpha tocopheryl acid succinate)	100 IU	333%	Ginger Extract 4:1 (root)	50 mg	**
Vitamin K1	30 mcg	38%	Citrus Powder (Citrus limonum, C. sinensis, C. paradisi) (fruit)	50 mg	**
Thiamin (hydrochloride)	50 mg	3,333%	Ginkgo biloba Phytosome (leaf) (soy)	40 mg	**
Riboflavin	5 mg	294%	Fennel Extract 4:1 (seed)	30 mg	**
Niacin (niacin & niacinamide)	30 mg	150%	Licorice Extract 4:1 (root)	30 mg	**
Vitamin B6 (pyridoxine hydrochloride)	30 mg	1,500%	Alfalfa Juice Powder 12:1 (aerial)	25 mg	**
Folic Acid	400 mcg	100%	Spirulina Algae Powder (Arthrospira platensis)	25 mg	**
Vitamin B12 (cyanocobalamin)	400 mcg	6,667%	Wheat Grass Juice Powder (Triticum aestivum) (leaf)	25 mg	**
Biotin	300 mcg	100%	Glutamic Acid HCl	25 mg	**
Pantothenic Acid (calcium pantothenate)	50 mg	500%	Betaine HCl	25 mg	**
Calcium (carbonate & citrate)	500 mg	50%	Black Cohosh Extract 4:1 (root)	20 mg	**
Iodine (from kelp)	150 mcg	100%	Boron (citrate)	1.5 mg	**
Magnesium (oxide & citrate)	150 mg	38%	Silicon (from horsetail, aerial)	0.5 mg	**
Zinc (citrate)	7.5 mg	50%	Lutein (Tagetes erecta) (marigold flowers)	0.5 mg	**
Selenium (chelate)	50 mcg	71%	Vanadium (citrate)	40 mcg	**
Copper (gluconate)	0.75 mg	38%			
Manganese (citrate)	7.5 mg	375%			
Chromium (picolinate)	100 mcg	83%			

** Daily Value not established.

Other ingredients: Microcrystalline cellulose, coating (carbohydrate gum [cellulose], glycerin), stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

Contains soy.

