



Suggested usage: 2 tablets up to 2 times per day with meals or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

MultiStart for Men 50+ is the perfect foundation multiple including a complete spectrum of nutrients, herbs, and antioxidants in the ideal ratio and serving. MultiStart reduces the need for supplemental pills such as vitamin E or saw palmetto, and ensures that correct and balanced levels of important nutrients, herbs, and antioxidants are delivered to the body, specific to the nutritional needs of men over 50.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, gluten, yeast, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



DIETARY SUPPLEMENT

Men's 50+ MultiStart®

VITAMIN, MINERAL, HERBAL
& ANTIOXIDANT SUPPORT*

120 Tablets

COMPLETE SPECTRUM



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (25% vitamin A palmitate & 75% beta-carotene)	10,000 IU	200%	Manganese (citrate)	7.5 mg	375%
Vitamin C (ascorbic acid)	250 mg	417%	Chromium (picolinate)	100 mcg	83%
Vitamin D3 (cholecalciferol)	100 IU	25%	Molybdenum (citrate)	12.5 mcg	17%
Vitamin E (d-alpha tocopheryl acid succinate)	200 IU	667%	Choline Bitartrate	50 mg	**
Vitamin K1	30 mcg	38%	Inositol	50 mg	**
Thiamin (hydrochloride)	30 mg	2,000%	Saw Palmetto Extract 8:1 (fruit)	50 mg	**
Riboflavin	5 mg	294%	Ginkgo Biloba Phytosome (leaf) (soy)	40 mg	**
Niacin (inositol nicotinate & niacinamide)	65 mg	325%	Betaine HCl	25 mg	**
Vitamin B6 (pyridoxine hydrochloride)	15 mg	750%	Glutamic Acid HCl	25 mg	**
Folic Acid	400 mcg	100%	Alfalfa Juice Powder 12:1 (aerial)	25 mg	**
Vitamin B12 (cyanocobalamin)	400 mcg	6,667%	Spirulina Algae (Arthrospira platensis)	25 mg	**
Biotin	300 mcg	100%	Wheat Grass Juice Powder (Triticum aestivum) (leaf)	25 mg	**
Pantothenic Acid (calcium pantothenate)	50 mg	500%	Panax Ginseng (root)	15 mg	**
Calcium (carbonate & citrate)	200 mg	20%	Boron (citrate)	0.5 mg	**
Iodine (from kelp)	150 mcg	100%	Lutein (Tagetes erecta) (marigold flowers)	0.5 mg	**
Magnesium (oxide & citrate)	125 mg	31%	Vanadium (citrate)	40 mcg	**
Zinc (citrate)	15 mg	100%			
Selenium (chelate)	50 mcg	71%			
Copper (gluconate)	0.75 mg	38%			

Other ingredients: Microcrystalline cellulose, coating (carbohydrate gum [cellulose], glycerin), stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

Contains soy.

LOT & EXPIRY 1.3125" x .25" Single Line

