

- Vitamins C & B-6 support immunity*
- Vitamin D supports healthy teeth and bones*
- Vitamins A, C & E support healthy eyes*
- B vitamins support energy production*
- With key nutrients to support healthy hair, skin & nails*

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC
milestones®

teen

Gummy Multivitamin
For Teens 12-17
Dietary Supplement

**Immune Support,
Energy Production
& Overall Health***



Gluten Free, No Dairy
Natural Assorted Fruit Flavors

120 GUMMIES

CODE 102621

CPG

Directions: As a dietary supplement, take two gummies daily. Chew thoroughly before swallowing.

Supplement Facts

Serving Size Two Gummies
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Biotin	15 mcg 5%
Total Carbohydrates	3 g 1%†	Pantothenic Acid	10 mg 100%
Sugars	3 g *	(as Calcium d-Pantothenate)	
Vitamin A (as Retinyl Palmitate)	2500 IU 50%	Chromium (as Chromium Picolinate)	120 mcg 100%
Vitamin C	30 mg 50%	Molybdenum	37.5 mcg 50%
(as Ascorbic Acid and Sodium Ascorbate)		(as Molybdenum Citrate)	
Vitamin D (as Cholecalciferol D-3)	800 IU 200%	Choline (as Choline Bitartrate)	40 mcg *
Vitamin E	15 IU 50%	Inositol (as Inositol Niacinate)	3 mg *
(as dl-alpha Tocopheryl Acetate)		Lutein	275 mcg *
Niacin (as Inositol Niacinate)	10 mg 50%	Boron (as Boron Citrate)	150 mcg *
Vitamin B-6 (as Pyridoxine HCl)	4 mg 200%		
Folic Acid	400 mcg 100%		
Vitamin B-12 (as Cyanocobalamin)	12 mcg 200%		

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Glucose Syrup, Sucrose, Water, Gelatin; Less than 2% of Beeswax, Citric Acid, Colors (Annatto Extract, Blueberry and Carrot Concentrates), Fractionated Coconut Oil, Lactic Acid, Natural Flavors.

CONTAINS: Tree Nuts (Coconut).

WARNING: Take only as directed. Do not exceed suggested dosage. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Do not use if inner seal is broken or missing. Do not expose to excessive heat or moisture. Colors will darken over time. This does not alter the potency of the product.

Manufactured in a facility that also produces products that contain soy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



**GLUTEN
FREE**

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PRLB-11550-01

