



Suggested usage: 2 tablets up to 2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Men's MultiStart Formula provides a complete spectrum of vitamins, minerals, and herbs essential to optimizing men's health.* This nutrient-rich formula offers a range of benefits including proactive antioxidants (vitamins A, C, E, and selenium), immune system boost (zinc, bee pollen), and energy enhancement (B vitamins, ginseng).* Saw palmetto maintains prostate health while zinc supports the production of male hormones.* This special supplement is ideal for men dealing with the stress of busy, modern lives.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, gluten, yeast, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



Recyclable container and label.

Purity & Potency
Guaranteed

Men's MultiStart®

VITAMIN A DAY
FOR MEN

120 Tablets

COMPLETE SPECTRUM



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (25% vitamin A palmitate & 75% beta-carotene)	10,000 IU	200%	Copper (gluconate)	0.75 mg	38%
Vitamin C (ascorbic acid)	250 mg	416%	Manganese (citrate)	7.5 mg	375%
Vitamin D3 (cholecalciferol)	50 IU	13%	Chromium (picolinate)	100 mcg	83%
Vitamin E (d-alpha tocopheryl acid succinate)	100 IU	333%	Molybdenum (citrate)	12.5 mcg	17%
Vitamin K1	30 mcg	38%			
Thiamin (hydrochloride)	30 mg	2,000%	Saw Palmetto Extract 8:1 (fruit)	50 mg	**
Riboflavin	15 mg	882%	Ginger Extract 4:1 (root)	50 mg	**
Niacin (niacin & niacinamide)	22.5 mg	113%	Turmeric Extract (Curcuma longa) (root)	50 mg	**
Vitamin B6 (pyridoxine hydrochloride)	15 mg	750%	Panax Ginseng Phytosome (root) (soy)	25 mg	**
Folic Acid	400 mcg	100%	Bee Pollen	25 mg	**
Vitamin B12 (cyanocobalamin)	400 mcg	6,667%	RNA Powder	25 mg	**
Biotin	300 mcg	100%	Alfalfa Juice Powder 12:1 (aerial part)	25 mg	**
Pantothenic Acid (calcium pantothenate)	50 mg	500%	Spirulina Algae (Arthrospira platensis)	25 mg	**
Calcium (carbonate & citrate)	200 mg	20%	Wheatgrass Juice Powder (Triticum aestivum), (leaf)	25 mg	**
Iodine (from kelp)	150 mcg	100%	Boron (citrate)	0.5 mg	**
Magnesium (oxide & citrate)	125 mg	31%	Lutein (Tagetes erecta) (marigold flowers)	0.5 mg	**
Zinc (citrate)	15 mg	100%			
Selenium (chelate)	50 mcg	71%			

** Daily Value not established.

Other ingredients: Microcrystalline cellulose, coating (carbohydrate gum [cellulose], glycerin), stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

Contains soy.

LOT & EXPIRY 1.3125" x .25" Single Line

