

THORNE

R E S E A R C H



VegaLite™

Plant-Based Performance Protein Complex

VANILLA FLAVORED

Gluten-Free • Soy-Free • No Artificial Sweeteners

NET WT. 15.4 OZ. (438 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Level Scoop (29 g)

Servings Per Container: 15

Each Level Scoop (29 g) Contains:		% DV
Calories	110	
Calories from Fat	10	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	3 g	1%*
Dietary Fiber	1 g	4%*
Sugars	1 g	**
Protein	21 g	42%*
Iron	4 mg	22%
Sodium	380 mg	16%*
Proprietary Blend†	25 g	
Pea Protein Isolate		**
Rice Protein		**

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Flavors, Medium Chain Triglyceride Oil, Stevia extract (leaf) (Rebaudioside A 95%), Silicon Dioxide.

Typical Amino Acid Amounts (g) Per Serving:

Alanine	1.0
Arginine	1.9
Aspartic Acid	2.2
Cysteine	0.3
Glutamic Acid	3.3
Glycine	0.9
Histidine	0.5
Isoleucine ▲	1.2
Leucine ▲	1.7
Lysine ▲	1.6
Methionine ▲	0.4
Phenylalanine ▲	1.2
Proline	1.0
Serine	1.0
Threonine ▲	0.9
Tryptophan ▲	0.3
Tyrosine	0.9
Valine ▲	1.1

▲ Essential Amino Acid

Suggested Use: Mix one level scoop of powder with 10 oz. of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed.

If pregnant, consult your health-care practitioner before using this product.

Store tightly sealed in a cool, dry place.

†VegaLite, Thorne's trade name for proprietary pea / rice protein blend.

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