



Do not use if packet
is torn, cut or opened.

LEARN MORE
RUNGUM.COM
YOUR PERFORMANCE MATTERS



SUGAR FREE • GLUTEN FREE • ZERO CALORIES

Supplement Facts

Serving Size: 1 Piece
Servings Per Packet: 2

Amount Per Serving	% Daily Value*
Vitamin B6 (as pyridoxine hydrochloride) 2.2mg	110%
Vitamin B12 (as cyanocobalamin) 3mcg	50%
Caffeine 50mg	**
Taurine 20mg	**
** Daily value not established	

Other Ingredients: sorbitol, gum base, mannitol, xylitol, natural mint flavors, magnesium stearate, silicon dioxide, sucralose and ethyl maltol.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recommended Use:

- Chew one (1) piece for moderate energy.
- Chew two (2) pieces for maximum energy.

Do not exceed eight (8) pieces in one day.

Warning: If you are pregnant, nursing, taking medications, sensitive to caffeine or under the age of 18, consult a healthcare professional before using this product. Keep out of the reach of children. If any adverse reaction occurs, immediately stop using this product and consult a doctor. Limit the use of caffeine containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heart beat.

Distributed By:
Gold Medal LLC
PO Box 1615
Eugene, Oregon 97440
541-357-3255



©2017 Gold Medal LLC All Rights Reserved

MINT

WHAT DO YOU RUN ON?

RUNGUM
ENERGY

CAFFEINE | TAURINE | B-VITAMINS
SUGAR FREE | ZERO CALORIES
2 PIECES • DIETARY SUPPLEMENT

