

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Use only as recommended. Do not exceed recommended dose. No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy. Conforms to USP <2091> for weight.



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OmniActive Health Technologies.



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ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.



Please recycle this box.



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.



MEN'S HEALTH

Contains essential vitamins and minerals for overall health, including Vitamin D, which may play a role in supporting colon health.*



HEART

Supports heart health and cardiovascular function.*



PROSTATE

Has lycopene, found in tomatoes, that helps to support prostate health.*



ANTIOXIDANTS

Made with fruits and vegetables, as well as lutein, to defend against cell aging.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
SUPERFOODS

ULTRA MEGA® GREEN Men's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN

*Provides heart, antioxidant and prostate support**



GLUTEN
FREE



VEGETARIAN
FORMULA



NON
GMO



CLINICALLY
RESEARCHED



60 CAPLETS

CODE 203212

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A.....	5000 IU 100%
Vitamin C.....	60 mg 100%
Vitamin D.....	1000 IU 250%
Vitamin E.....	30 IU 100%
Vitamin K.....	80 mcg 100%
Thiamin (Vitamin B-1).....	5 mg 333%
Riboflavin (Vitamin B-2).....	5 mg 294%
Niacin.....	25 mg 125%
Vitamin B-6.....	25 mg 1250%
Folic Acid.....	400 mcg 100%
Vitamin B-12.....	150 mcg 2500%
Biotin.....	300 mcg 100%
Pantothenic Acid.....	25 mg 250%
Calcium.....	50 mg 5%
Iodine.....	150 mcg 100%
Magnesium.....	25 mg 6%
Zinc.....	20 mg 133%
Selenium.....	200 mcg 286%
Copper.....	2 mg 100%
Manganese.....	2 mg 100%
Chromium.....	120 mcg 100%
Molybdenum.....	75 mcg 100%

Fruit & Vegetable Antioxidant Blend..... 100 mg.....*

Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder

Lutemax® 2020 Lutein..... 2 mg.....*

Zeaxanthin (as Zeaxanthin Isomers)..... 400 mcg.....*

Men's Health Blend..... 21 mg.....*

Yohimbe Bark Extract (*Pausinystalia yohimbe*) (8% Yohimbine Alkaloids = 0.8 mg)
Fenugreek Seed Powder (*Trigonella foenum-graecum*)
Lycopene (from Tomato)

Digestive Health & Comfort Blend..... 20 mg.....*

Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 0.5 mg), Cellulose, Papsin, Bromelain

* Daily Value not established.

Other Ingredients: Cellulose, Niacinamide¹, Ascorbic Acid², Calcium Carbonate, Zinc Oxide³, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate⁴, Magnesium Oxide, Calcium Ascorbate, Stearic Acid Vegetable Source, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate⁵, Manganese Sulfate⁶, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Magnesium Stearate Vegetable Source, Zinc Oxide, Riboflavin⁷, Ergocalciferol⁸, Pyridoxine Hydrochloride⁹, Vitamin A Palmitate¹⁰, Thiamin Hydrochloride¹¹, Niacinamide, Phytoladone, Phytoladone¹², Magnesium HPC¹³, Folic Acid¹⁴, Potassium Iodide, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin¹⁵, Sodium Selenate¹⁶, Copper Sulfate, Chromium Chloride¹⁷, Folic Acid, Sodium Molybdate¹⁸, Molybdenum HPC¹⁹, Cyanocobalamin²⁰, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

¹Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papsin, Bromelain, Gum Arabic and Maltodextrin)

¹³HPC (Hydrolyzed Protein Chelate)