

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Artificial Colors, Sodium Free, No Wheat,
Gluten Free, No Soy, No Dairy, Yeast Free.

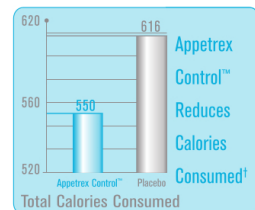
For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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Pittsburgh, PA 15222



No more excuses — GNC Total Lean™ Appetrex Control™ is clinically shown to help control your appetite and reduce calorie intake when you need it most — at the start of your diet.[†] This multi-action formula combines energizing herbs such as yerba mate extract and black tea with EGCG, a major thermogenic component of green tea that helps support metabolism.* In addition, Appetrex Control™ supplies chromium that supports your metabolism by assisting insulin and important B vitamins to help your body use glucose more efficiently and



metabolize fats, protein and carbohydrates.* B vitamins also play an essential role in energy production; low energy levels are a key concern among dieters.*

[†]In a clinical study of 30 healthy adults (who took Appetrex Control™ one week followed by a placebo one week apart, or vice versa), food intake was reduced by nearly 10% when the subjects took Appetrex Control™ versus the placebo prior to their first meal at the start of their diet.

To help you manage your weight, we've included an easy-to-follow meal and exercise plan. Created by expert nutritionists and dietitians, this two-week meal plan provides you with 1,500 calories each day and features healthy foods.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

APPETREX CONTROL™

DIETARY SUPPLEMENT

- Clinically proven to reduce calorie intake[†]*
- Boosts energy and metabolism*



60 TABLETS

Directions: As a dietary supplement, take two tablets once daily with water 30 to 60 minutes before lunch or dinner. **Do not take near bedtime.**

Supplement Facts

Serving Size Two Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Proprietary Herbal Blend ‡	522.5 mg *
Black Tea Leaves Extract (<i>Camellia sinensis</i>)	
Green Tea Leaves Extract (<i>Camellia sinensis</i>) (9.6% EGCG = 50mg)	
Coffee Bean Extract	
Yerba Mate Extract (<i>Ilex paraguariensis</i>) ‡	500 mg *
Grape Skin Extract (<i>Vitis vinifera</i>)	210 mg *
Chrysin	200 mg *
Ginger Root Extract (<i>Zingiber officinale</i>)	200 mg *
Grape Seed Extract (<i>Vitis vinifera</i>)	125 mg *
Dill Weed Extract (<i>Anethum graveolens</i>)	5 mg *

‡ Provides 180mg of caffeine.

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose, Polyethylene Glycol, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Caramel Color, Ethyl Vanillin.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.



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OUR QUALITY COMMITMENT TO YOU
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