

DIRECTIONS: Add 1 scoop of powder to 6 oz. water or juice. Mix or blend until smooth. Take as a dietary supplement or as directed by your qualified health care consultant.

NOTE: Packaged with desiccant. **DO NOT** eat or swallow the desiccant. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Scientific studies confirm that phytonutrients such as chlorophyll, polyphenols, carotenoids and other antioxidants help support body's antioxidation defense.* **Green Defense®** is rich in phytonutrients that help support the body's self-defense mechanisms, detoxify and nourish the body, and assist in the achievement of total well being.*

Green Defense® provides an array of nature's best ingredients:

- Antioxidants, including **resveratrol** along with other polyphenols from **green tea, grape seed and citrus.**
- **Metabolin®** probiotic metabolites (a rich source of organic acids, polysaccharides and natural bacteriocins) to help balance the intestinal microflora and promote detoxification.*
- Fibers from **apple, rice bran** and **FOS** (FructoOligoSaccharides) to promote the growth of good bacteria and enhance detoxification.*
No refined sugars or artificial flavors.

Keep out of the reach of children.

ORAC Value (Oxygen Radical Absorbance Capacity) **> 2100/Serving**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

OxyPHYTE® is a registered trademark of RFI, LLC.

Lot #. Best Used Before:

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

P.O. Box 35994

Los Angeles, CA 90035-4317

www.jarrow.com



Jarrow FORMULAS®

Probiotic Metabolites • Antioxidants • Phytonutrients

SUPER GREEN FOODS
Green

with **Resveratrol**
Defense®

Supports Detoxification* & Promotes Natural Defense*

30 Servings

Net Wt. 6.35 oz (180 g) Powder
Dietary Supplement

Supplement Facts

Serving Size approx. 6 g (1 Scoop) Servings Per Container 30

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Calories	23	Total Carbohydrate	5 g 2%
Total Fat	< 1 g 0%	Fiber	3 g 10%
Saturated Fat	0 g	Sugars	2 g
Trans Fat	0 g	Protein	< 1 g
Cholesterol	0 mg 0%	Sodium	9 mg

Amount Per Serving	% DV*
Grasses and Algae	2780 mg †
Organic Barley Grass Juice Powder (<i>Hordeum vulgare</i>)	
Organic Quinoa Powder (<i>Chenopodium quinoa</i>)	
Organic Spirulina Powder (<i>Spirulina platensis</i>)	
Organic Oat Grass Juice Powder (<i>Avena sativa</i>)	
Organic Wheat Grass Juice Powder (<i>Triticum aestivum</i>)	

Vegetables	1170 mg †
Spinach Powder (<i>Spinacia oleracea</i>)	
Broccoli Powder (1.2% sulphoraphane) (<i>Brassica oleracea</i>)	
Tomato Powder (<i>Solanum lycopersicon linn'e</i>)	
Beet Powder (<i>Beta vulgaris</i>)	

Botanicals	320 mg †
Resveratrol (from Tiger Cane Extract [<i>Polygonum cuspidatum</i>])	
Quercetin (from <i>Dimorphandra mollis</i>)	
Milk Thistle Extract (80% total flavonoids) (<i>Silybum marianum</i>)	
Citrus Bioflavonoids	
Ginger Extract (<i>Zingiber officinale</i>)	
Green Tea Extract (<i>Camellia sinensis</i>)	
Grape Seed Extract (90% polyphenols) (<i>Vitis vinifera</i>)	
Ginkgo Biloba Extract (<i>Ginkgo biloba</i>)	

Amount Per Serving	% DV*
Fibers	1220 mg †
Organic Gum Acacia	
Nutra FOS (FructoOligoSaccharides)	
Rice Bran Powder	
Apple Fiber	
Probiotic Metabolites	60 mg †
Metabolin® (<i>Propionibacterium shermani</i>)	

* % DV based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Soy lecithin, soluble tapioca starch, natural flavor, and Lo Han Guo (*Siraitia grosvenorii*).

Contains: Soy (lecithin) & wheat (from wheat grass, no gluten).

Antioxidant Profile

Total ORAC	> 2100
Resveratrol	15 mg
Quercetin	50 mg

No gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

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