

Suggested usage: Chew 1 wafer per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Delicious chewable vitamin C wafers are naturally fruit-flavored. Our vitamin C wafers contain 500 mg of vitamin C in a blend of citrus bioflavonoids, hesperidin, rosehips, and rutin to optimize the body's use of vitamin C. Bioflavonoids both enhance the absorption and act in synergy with vitamin C to provide antioxidant protection, keep collagen healthy, and help increase capillary strength.*

Vitamin C is a powerful antioxidant which supports healthy bones, cartilage, teeth, and gums. It helps protect cells against free radical damage and vitamin C deficiencies in the daily diet and supports healthy cell growth.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF CANADA Manufactured by Natural Factors Canada Distributed by NATURAL FACTORS 14224 167th Avenue SE Monroe, WA 98272



Recyclable container and label.



100% Natural Fruit Chew

C 500 mg

Blueberry, Raspberry and Boysenberry

180 Chewable Wafers



Serving Size 1 Wafer

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%‡
Sugars	2 g	**
Vitamin C (sodium ascorbate & ascorbic acid)	500 mg	833%
Sodium	35 mg	1%

‡ Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Dextrose, fructose, natural flavor (blueberry, raspberry & boysenberry), natural color (red cabbage), magnesium stearate (vegetable grade), citric acid, citrus bioflavonoids, hesperidin bioflavonoids, rosehips, rutin, silica,







^{**} Daily Value not established.