

Directions: Adults, take two (2) tablets daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 60

Amount Per Serving	% Daily Value
Calcium (as calcium hydroxyapatite, citrate, alpha-ketoglutarate, aspartate, lysinate)	1,000 mg 100%
Phosphorus (as calcium hydroxyapatite)	500 mg 50%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide, citrate, alpha-ketoglutarate, taurinate, aspartate)	500 mg 125%
Zinc (as zinc citrate, picolinate, monomethionine)	15 mg 100%
Selenium (as L-selenomethionine, selenium rice chelate [rice protein based])	100 mcg 143%
Copper (as copper citrate)	1 mg 50%
Manganese (as manganese citrate)	1 mg 50%
Chromium (as chromium picolinate)	120 mcg 100%
Molybdenum (as molybdenum amino acid chelate) [rice flour based]	50 mcg 67%
Potassium (as potassium citrate, rice chelate [rice protein based], alpha-ketoglutarate, aspartate, iodide)	99 mg 3%
L-Glutamic Acid (from 100 mg L-glutamic acid hydrochloride)	80 mg *
Silica (as silica, calcium silicate, horsetail extract (stem))	20 mg *
Boron (as boron citrate)	2 mg *

* Daily value not established.

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, vegetable glaze.

WARNING: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication, or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, sugar, preservatives, artificial colors, flavors, sweeteners.

Distributed by Peggy's,

2200 W. International Speedway Boulevard
Daytona Beach, FL 32114
(386) 265-1510

Lot No:

Best by:



Do not accept if seal is broken.

Product No. 00-72514

Store in a dry place between 59°-86° F.

Keep out of the reach of children.

OptiZinc® brand zinc monomethionine.

OptiZinc® is a registered trademark of InterHealth N.I.

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This product has been manufactured at a GMP Registered facility.

Peggy's **BODY SCIENCE**

◀ Lee Approved ▶

CALCIUM PLUS +

IRON FREE MINERAL COMPLEX

VEGAN ♦ GLUTEN-FREE

Dietary Supplement



120 TABLETS

