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General Nutrition Corporation
Pittsburgh, PA 15222



GNC

**VITAMIN
B-12
1500 MCG**

**Essential for carbohydrate metabolism
& energy production***

**DIETARY SUPPLEMENT
90 CAPSULES**

CODE 148712

ARG

Directions: As a dietary supplement, take one capsule daily.

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value	
Vitamin B-12 (as Cyanocobalamin)	1500 mcg	25000%

Other Ingredients: Cellulose, Dicalcium Phosphate, Gelatin.

Potency verified by GNC procedure #5037.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors,
No Artificial Flavors, Sodium Free, No Wheat,
Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.



WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: