

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE



GNC

Triple
Lecithin™
1200 MG

High Choline Lecithin 1200 mg
Phosphatidyl Choline 420 mg
Promotes a healthy heart, liver
& nervous system*

DIETARY SUPPLEMENT
180 SOFTGELS

CODE 147622

ARG

Directions: As a dietary supplement, take one or
two softgel capsules daily with each meal.

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
High Choline Lecithin	1200 mg	*
Phosphatidyl Choline (as Soy Lecithin)	420 mg	*

† Percent Daily Value based on a 2,000
calorie diet.

* Daily Value not established.

Other Ingredients: Gelatin, Glycerin.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial
Flavors, No Preservatives, Sodium Free, No Wheat,
Gluten Free, No Corn, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: