



NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

Suggested usage: 1 tablet 1–2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication, have a medical condition or anticipate a surgery. Keep out of the reach of children.

Folic acid (vitamin B9) helps prevent neural tube defects when taken prior to becoming pregnant and during early pregnancy.* It is used for production of DNA and red blood cells.* It supports brain, nervous system function, and mental health.* Folic acid is also needed for protein metabolism and may support cardiovascular health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



Recyclable container and label.

Folic Acid

400 mcg

90 Tablets

**SUPPORT FOR THE NERVOUS &
REPRODUCTIVE SYSTEMS***

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Folic Acid (folate)	400 mcg	100%
Calcium (dicalcium phosphate)	20 mg	2%

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate (vegetable grade).

LOT & EXPIRY 1.3125" x .25" Single Line

