

- Vitamins C & B-6 support immunity\*
- Vitamin D for healthy bones\*
- Vitamins A, C & E support healthy eyes\*
- B vitamins support energy production\*

No Dairy, No Peanuts, Gluten Free.  
 Processed in a facility with products that contain egg, fish, shellfish, soy and tree nuts.

For More Information:  
 1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
 General Nutrition Corporation  
 Pittsburgh, PA 15222



KEEP OUT OF REACH OF CHILDREN.  
 Store in a cool, dry place.

**GNC**  
 milestones™

**kids**

**Gummy Multivitamin  
 For Kids 2-12**

Dietary Supplement

**Bone, Immune  
 Support,  
 Eye + Overall  
 Health\***



*Gluten Free, No Dairy*  
**Natural Assorted Fruit Flavors**

**120 GUMMIES**



CODE 102521

LQG

Directions: As a dietary supplement, kids ages 2 to 4 take one gummy daily. Kids ages 4 and up take two gummies daily. Instruct child to chew each gummy bear carefully and thoroughly.

**Supplement Facts**

Serving Size	One Gummy		Two Gummies	
Servings Per Container	120		60	
Amount Per Serving	% Daily Value For Children 2-4 Years of Age		% Daily Value For Children 4 Years of Age and Up	
Calories	10		15	
Total Carbohydrate	2 g	*	3 g	1%†
Sugars	1 g	*	3 g	*
Vitamin A (as Retinyl Palmitate)	1250 IU	50%	2500 IU	50%
Vitamin C (as Ascorbic Acid)	15 mg	38%	30 mg	50%
Vitamin D (as Cholecalciferol D-3)	200 IU	50%	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Acetate)	7.5 IU	75%	15 IU	50%
Niacin (as Inositol Niacinate)	5 mg	56%	10 mg	50%
Vitamin B-6 (as Pyridoxine HCl)	1 mg	143%	2 mg	100%
Folic Acid	200 mcg	100%	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	3 mcg	100%	6 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	5 mg	100%	10 mg	100%
Choline (as Choline Bitartrate)	20 mcg	*	40 mcg	*
Inositol (as Inositol Niacinate)	1.5 mg	*	3 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Tapioca Syrup, Sucrose, Water, Gelatin; Less Than 2% of: Citric Acid, Colors (Annatto Extract, Blueberry and Carrot Concentrates, Turmeric), Fumaric Acid, Fractionated Coconut Oil (Contains Beeswax and/or Carnauba Wax), Lactic Acid, Natural Flavors.

**CONTAINS:** Tree Nuts (Coconut).

**WARNING:** Take only as directed. Do not exceed suggested dosage. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Do not use if inner seal is missing or broken. Do not expose to excessive heat or moisture. Colors will darken over time. This does not alter the potency of the product. This product should only be fed to seated, supervised children who are accustomed to chewing solid foods.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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