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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

ACTUAL SIZE



GNC



VITAMIN  
C  
1000 MG

With bioflavonoids & rose hips  
A protective antioxidant  
that provides immune support\*  
Timed-release

DIETARY SUPPLEMENT  
180 VEGETARIAN CAPLETS

CODE 139322 BRG  
Directions: As a dietary supplement, take one to two caplets daily. For maximum benefits, take as directed every day.

Supplement Facts

| Serving Size One Caplet          |               |       |
|----------------------------------|---------------|-------|
| Amount Per Serving               | % Daily Value |       |
| Vitamin C (as Ascorbic Acid)     | 1000 mg       | 1667% |
| Citrus Bioflavonoids Complex 4:1 | 25 mg         | *     |
| * Daily Value not established.   |               |       |

**Other Ingredients:** Cellulose, Vegetable Acetoglycerides, Rose Hips Powder (*Rosa canina*).

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Potency verified by GNC procedure #5027.  
Conforms to USP <2091> for weight.  
Disintegrates over five hours for timed-release benefit.

No Sugar, No Artificial Colors, No Artificial Flavors,  
No Preservatives, Sodium Free, No Wheat, Gluten Free, No Soy,  
No Dairy, Yeast Free.

Some scientific evidence suggests that the consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.



\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: