

USAGE: With water or favorite beverage, take as follows:

Adults: 1 teaspoon, up to 3 times per day.

Children, age 3 and over: 1/2 teaspoon, up to 3 times per day.

Children under age 3: Consult with your qualified health care consultant.

Jarrow FORMULAS® Yum-Yum GOS™ Prebiotic Fiber Syrup provides special, prebiotic fibers known as galactooligosaccharides (GOS) that are similar to the oligosaccharides found in human breast milk. Yum-Yum GOS™ Prebiotic Fiber Syrup supports digestive health and immune function by promoting the growth of both *Bifidobacteria* and *Lactobacilli*, important health-promoting bacteria.* Yum-Yum GOS™ Prebiotic Fiber Syrup also enhances calcium absorption as well as supports intestinal defense.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:



Prebiotic Fiber

yum-yum
GOS™
SYRUP

GALACTOOLIGOSACCHARIDES

- Promotes the Beneficial Flora*
- Supports Digestive and Immune Health*

8 fl. oz (236ml)
PREBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 teaspoon (5 ml)

Servings Per Container 47

	Amount Per Serving	% DV
Calories	8	
Total Carbohydrate	5 g	2%
Dietary Fiber	3 g	12%
Sugars	2 g	
Galactooligosaccharides (GOS)	3 g	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredient: GOS concentrate.

Contains: Dairy (in trace amounts).

No wheat, no gluten, no soybeans, no egg, no fish/shellfish, no peanuts/tree nuts.

Superior Nutrition and FormulationSM by

Jarrow FORMULAS®

Los Angeles, CA 90035-4317

www.Jarrow.com

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